

ACTIVITY GUIDE



Creating Community Through People, Parks, and Programs



SPRING 2026

PROGRAMS, CLASSES, EVENTS

MARCH | APRIL | MAY | JUNE

  @smparksandrec | [cityofsanmateo.org](https://www.cityofsanmateo.org) | (650) 522-7400

Events & Activities



Contamos con personal bilingüe disponible para ayudarle con la guía de actividades y el proceso de inscripción.

¡Comuníquese con nosotros para más información!

我们有双语工作人员可以协助您了解活动指南和办理注册手续。
联系我们了解更多信息!

City Hall
(650) 522-7400

¿Sabías que puedes traducir nuestro sitio web? Es fácil con el traductor de Google, ubicado en la esquina superior derecha de cada página.

您知道我们的网站可以翻译吗?
使用谷歌翻译非常简单,
它位于每个页面的右上角。



RECREATION FEE ASSISTANCE PROGRAM

The Recreation Fee Assistance program provides financial assistance for City of San Mateo residents to participate in Recreation Program activities based on annual income.

Email parksandrecreation@cityofsanmateo.org for more info!

El Programa de ayuda para cuotas de recreación ofrece asistencia financiera a los residentes de la Ciudad de San Mateo para participar en las actividades del Programa de Recreación, según sus ingresos anuales.

Para obtener más información, comuníquese con parksandrecreation@cityofsanmateo.org

娱乐费用援助计划

San Mateo 市娱乐费用援助计划根据居民年收入, 为参与娱乐项目活动提供经济援助。

联系我们了解更多信息

parksandrecreation@cityofsanmateo.org

MAKE A DIFFERENCE THIS SUMMER!



We're looking for lifeguards, camp leaders, and front desk staff to join our team this summer. If you're responsible, fun and would like to make a difference in your community, get your resume ready!

www.calopps.org/city-of-san-mateo

Jobs will be posted as they become available.

SAVE THE DATE

Asian American & Pacific Islander Heritage Month Celebration



SATURDAY
MAY 02, 2026



CENTRAL PARK
50 E. 5TH AVE

Registration Information

Tuesday, February 3, 2026 at 9:00 a.m.
San Mateo Residents can begin registering

Thursday, February 5, 2026 at 9:00 a.m.
Non-Residents can begin registering

Registration can be done online at
www.sanmateorec.org.

Please visit any of our recreation/
 community centers for a hard
 copy of registration forms or
 access them online at
www.cityofsanmateo.org/ActivityGuide



QUESTIONS?

parksandrecreation@cityofsanmateo.org
 (650) 522-7400

Follow us to stay up to date!



We Do Our Best

We do our best to make our guides perfect but with so much planning and reviewing we sometimes make mistakes. Occasionally class details such as locations, times, dates, and fees are changed after the release of the guide and of course we have typos. Please be sure to read your receipts carefully for any updates. We will correct all changes/errors and alert you to any additional items and/ or fees necessary before the first day of class.

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Centers Closed – No Programs

Memorial Day	Monday, May 25, 2026
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Registration & General Information

Verification of Residency

Residents must live or own property in the City of San Mateo. The City of San Mateo defines residents as those who live within the boundaries of the City of San Mateo and the jurisdiction of its municipal corporation. There are unincorporated parts of San Mateo, which are under the jurisdiction of the County of San Mateo and residents of that area are County residents. Staff may require proof of residency at any time. Acceptable proof of residency could be a current property tax document, utility bill or voter registration issued by local county elections officer.

Household Credit Balances

Any household credit balances left on accounts for a period of six (6) months will be automatically refunded to the primary account holder as a check mailed to the home address on file. Please update your account in a timely manner to avoid returned checks. If you have paid with a credit card and would prefer a refund back to the card used, please call (650)522-7400 before the six (6) month period.

Waitlist

If you are placed on a waitlist for a class, you will not be required to pay the registration fees unless you're selected for an available spot. Please note that we cannot guarantee any waitlist enrollments, staff will contact you if a spot becomes available, otherwise you can assume enrollment is not available.

Refund Policy

Class withdrawal for a prorated refund or credit (minus the non-refundable administrative fee) must be processed by the end of the 3rd class/course gathering. No refunds or credits will be issued beginning the day after the 3rd class/course meeting. Participants may withdraw for a camp up to 7 calendar days prior to the camp start date for a refund or credit (minus the non-refundable administrative fee). No refunds or credits will be issued beginning within a week of a camp start date.

Convenience Fee Reminder

Customers who use a credit or debit card to make payments with the City of San Mateo will be subject to service fees. Companies that process credit or debit card transactions typically charge 3.25% of the billed amount. The fee is paid directly to the company processing the transaction, and is not charged by the City. Customers can avoid these fees by paying with alternate methods such as cash, check or e-check.

Recreation Fee Assistance Program

The Recreation Fee Assistance Program is designed to allow access to our programs for City of San Mateo residents. For those residents with financial hardships, assistance is available to help offset the costs of classes. Applications can be downloaded at www.cityofsanmateo.org and must be submitted at least 10 business days before course start date.

Americans with Disabilities Act

The City of San Mateo does not discriminate on the basis of disability in its programs, services, activities and employment practices. If you need auxiliary aids and services for effective communication (such as a sign language interpreter, an assistive listening device or print material in digital format) or reasonable modification to programs, services or activities contact Community Services Supervisor, Michele Veneri at (650)522-7484 as soon as possible, but no later than 10 business days before the activity or program. A grievance procedure is available to resolve complaints. Upon request, this notice is available in alternative formats such as large print or Braille.

Key Dates

Online/Mail/Walk-In Registration Begins	2/3/26 residents 2/5/26 non-residents
Session Begins	3/9/26
Session Ends	6/7/26
CENTERS CLOSED	
Memorial Day	5/25/26

Registration Options



ONLINE REGISTRATION

Online registration is available at www.sanmateorec.org. You can register for most classes online using Visa or MasterCard payment. Some classes with special enrollment or fee requirements are not available online.



MAIL-IN REGISTRATION

Mail registration form to: San Mateo Parks & Recreation Department, 330 W. 20th Ave, San Mateo, CA 94403



WALK-IN REGISTRATION

You may register in person at Beresford Recreation Center, Dr. Martin Luther King Jr. Community Center, Senior Center and City Hall.

Satisfaction Guarantee

We constantly strive to provide you with the highest quality recreation programs. If for any reason you are not completely satisfied with a class or activity, please tell us so we can respond to your concerns. In addition to using your feedback to help us improve, for nearly all of our programs, we will arrange one of the following upon your request: 1. Transfer to another time or activity. 2. A full credit for future use for any activity we offer. 3. A full refund. Some of our programs, for example Facility Rentals, Admissions, Adult Sports Leagues, Summer Camps, on-going/multi-session programs, and performance activities have different, specific policies which apply. Your complete satisfaction with these programs is equally valued, and we will work with you to resolve your concerns and satisfaction in these activities as well. Please contact us in writing, by phone or in person at any of our recreation centers. Requests must be made within 10 business days after the end of the session to receive a refund or credit.

Registro e información general

Verificación de residencia

Los residentes deben vivir o ser dueños de propiedad en la ciudad de San Mateo. La ciudad de San Mateo define a los residentes como aquellos que viven dentro de los límites de la ciudad de San Mateo y la jurisdicción de su corporación municipal. Hay partes no incorporadas de San Mateo, que están bajo la jurisdicción del condado de San Mateo y los residentes de esa área son residentes del condado. El personal puede solicitar prueba de residencia en cualquier momento. Una prueba aceptable de residencia podría ser un documento actual de impuestos sobre la propiedad, una factura de servicios públicos o un registro de votante emitido por el funcionario electoral del condado local.

Créditos de cuenta

Cualquier saldo de crédito que quede en su cuentas durante un periodo de seis (6) meses, se reembolsará automáticamente al titular principal de la cuenta, en forma de cheque enviado por correo a la dirección residencial registrada. Actualice su cuenta de manera oportuna para evitar cheques devueltos. Si pagó con una tarjeta de crédito y prefiere un reembolso a la tarjeta utilizada, llame al (650) 522-7400 antes del periodo de seis (6) meses.

Listas de espera

Si el participante es colocado en una lista de espera para una clase, no tendrá que pagar las cuotas de registro a menos que lo seleccionen para un espacio disponible. Tenga en cuenta que no podemos garantizar ningún registro en la lista de espera; el personal se comunicará con usted si hay un lugar disponible. De lo contrario, puede asumir que el registro no está disponible.

Política de reembolso

El retiro de una clase para obtener un reembolso o crédito prorrateado (menos la tarifa administrativa no reembolsable) debe procesarse antes del final de la tercera reunión de la clase/curso. No se emitirán reembolsos ni créditos a partir del día siguiente de la tercera reunión de la clase/curso. Los participantes pueden retirarse de un campamento hasta 7 días antes de la fecha de inicio del campamento para obtener un reembolso o crédito (menos la tarifa administrativa no reembolsable). No se emitirán reembolsos ni créditos dentro de una semana antes de la fecha de inicio del campamento.

Recordatorio de tarifa de conveniencia

Los clientes que utilicen una tarjeta de crédito o débito para realizar pagos con la ciudad de San Mateo estarán sujetos a tarifas de servicio. Las empresas que procesan transacciones con tarjeta de crédito o débito suelen cobrar el 3.25% del importe facturado. La tarifa se paga directamente a la compañía que procesa la transacción y no es cobrada por la ciudad. La clientela puede evitar estos cargos pagando con métodos alternativos como efectivo, cheque o cheque electrónico.

Programa de ayuda financiera

El Programa de ayuda para cuotas de recreación está diseñado para permitir el acceso a nuestros programas para los residentes de la ciudad de San Mateo. Para aquellos residentes con dificultades financieras, la asistencia está disponible para ayudar a cubrir los costos de las clases. Las solicitudes se pueden descargar en www.cityofsanmateo.org y deben enviarse por lo menos 10 días hábiles antes de la fecha de inicio del curso.

Ley de estadounidenses con discapacidades

La ciudad de San Mateo no discrimina por motivos de discapacidad en sus programas, servicios, actividades y prácticas de empleo. Si necesita ayuda y servicios auxiliares para una comunicación efectiva (como un intérprete de lenguaje de señas, un dispositivo de asistencia auditiva o material impreso en formato digital), o una modificación razonable a los programas, servicios o actividades, comuníquese con la Supervisora de Servicios Comunitarios, Michele Venneri al (650) 522-7484 tan pronto como sea posible, pero a más tardar 10 días hábiles antes de la actividad o programa. Existe un procedimiento para resolver las quejas. Este aviso está disponible en formatos alternativos, como letra grande o Braille, bajo solicitud.

Fechas importantes

Registro en línea, correo o en persona comienza el	2/3/26 residentes 2/5/26 no residentes
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La sesión comienza el	3/9/26
La sesión termina el	6/7/26

CENTROS CERRADOS	
Día conmemorativo	5/25/26

Opciones de registro



REGISTRO EN LÍNEA

El registro en línea está disponible en www.sanmateorec.org. Puede registrarse para la mayoría de las clases en línea pagando con Visa o MasterCard. Algunas clases con inscripción especial o los requisitos de pago no están disponibles en línea.



REGISTRO POR CORREO

Envía el formulario de inscripción a: Departamento de Parques y Recreación de San Mateo, 330 W. 20th Ave, San Mateo, CA 94403



REGISTRO SIN CITA PREVIA

Puede registrarse en persona en Beresford Recreation Center, Dr. Martin Luther King Jr. Community Center, Senior Center y City Hall.

Garantía de satisfacción

Nos esforzamos constantemente para ofrecerle programas de recreación de la más alta calidad. Si por alguna razón no esta completamente satisfecho con una clase o actividad, por favor comuníquese con nosotros para poder responder a sus inquietudes. Además de usar sus comentarios para mejorar nuestros programas, podemos hacer los siguientes cambios bajo pedido: 1. Traslado a otro tiempo o actividad. 2. Un crédito completo para uso futuro para cualquier actividad que ofrecemos. 3. Un reembolso completo. Algunos de nuestros programas, como por ejemplo: alquiler de instalaciones, admisiones, ligas deportivas para adultos, campamentos de verano, programas continuos o de sesiones múltiples, y las actividades con presentación, tienen políticas diferentes y específicas que se aplican. Su satisfacción completa con estos programas es igualmente valorada, y trabajaremos con usted para resolver sus inquietudes. Por favor póngase en contacto con nosotros por escrito, por teléfono o en persona en cualquiera de nuestros centros de recreación. Las solicitudes deben hacerse dentro de 10 días hábiles después de la final de la sesión para recibir un reembolso o crédito.

Police Activities League/Liga de Actividades Policiales



Building the Bond Between Cops and Kids

Established in 1997, San Mateo Police Activities League (PAL) provides recreational, educational, and leisure activities at little or no cost to thousands of San Mateo and neighboring city youth – bringing youth under the supervision and positive influence of our city's police officers and other positive role models. Supported by a volunteer board of directors and staff consisting of San Mateo Police officers and Parks and Recreation staff, San Mateo PAL is building a stronger and safer community through kids. Our goal is to provide everyone with an opportunity to participate in our activities, regardless of financial hardships.

Construyendo el vínculo entre policías y niños

Establecida en 1997, la Liga de Actividades Policiales de San Mateo (PAL) ofrece actividades recreativas, educativas, y de ocio a bajo costo o sin costo para miles de jóvenes de San Mateo y ciudades vecinas, poniendo a los jóvenes bajo la supervisión y la influencia positiva de los agentes de policía de nuestra ciudad y otros modelos positivos. Con el apoyo de una junta directiva voluntaria y personal compuesto por agentes de policía de San Mateo y personal de Parques y Recreación, San Mateo PAL está construyendo una comunidad más fuerte y segura a través de los niños. Nuestro objetivo es brindarles a todos la oportunidad de participar en nuestras actividades, independientemente de las dificultades financieras.

Benefits of Being a PAL Member

San Mateo PAL memberships are FREE and open to youth ages 5-18 years old. PAL members are eligible to register for a variety of activities at nominal rates. Members will receive regular emails detailing upcoming activities including hockey, martial arts, soccer, dance, cooking, arts and crafts, family nights and more.

Membership and Registration:

To become a member, visit our website at www.sanmateopal.org OR fill out a PAL membership form at any City of San Mateo Recreation Center.

All PAL activities and programs are available for registration online through www.sanmateorec.org and in-person at Dr. Martin Luther King Jr. Community Center: 725 Monte Diablo Ave.

PAL staff is on-site Monday, Tuesday and Thursday from 4-8 p.m.

Please Note: Due to limited space and to ensure that all members have an equal opportunity to participate in our programs, enrollment may sometimes be subject to a lottery system. How does the lottery system work? All patrons interested in a program will be placed on an interest list upon registration, and then using a random generator, individuals will randomly be selected and notified with further instructions.

Beneficios de ser miembro de PAL

Las membresías de San Mateo PAL son GRATUITAS y están abiertas a jóvenes de 5 a 18 años. Los miembros de PAL son elegibles para registrarse para una variedad de actividades a tarifas nominales. Los miembros recibirán correos electrónicos periódicamente detallando las próximas actividades incluyendo hockey, artes marciales, fútbol, danza, cocina, arte, noches familiares y mucho más.

Membresía y registro:

Para convertirse en miembro, visite nuestro sitio web www.sanmateopal.org o complete el formulario de membresía de PAL en cualquier Centro Recreativo de la Ciudad de San Mateo.

Todas las actividades y los programas de PAL están disponibles para registrarse en línea a través de www.sanmateorec.org y en persona en el Centro Comunitario Dr. Martin Luther King Jr.: 725 Monte Diablo Ave.


El personal de PAL está disponible los lunes, martes y jueves de 4 a 8 p.m.

Tenga en cuenta: Debido al cupo limitado y para garantizar que todos los miembros tengan las mismas oportunidades de participar en nuestros programas, la inscripción puede quedar sujeta a un sistema de sorteo. ¿Cómo funciona el sistema de sorteo? Todos los que estén interesados en un programa se incluirán en una lista al registrarse y, mediante un generador aleatorio, se seleccionarán al azar y recibirán instrucciones adicionales.

For additional information regarding PAL: Para obtener información adicional sobre PAL:



 200 Franklin Parkway - San Mateo, CA 94403

 (650) 522-7725

 www.sanmateopal.org

 smpal@cityofsanmateo.org

Preschool Building Blocks



REGISTRATION FOR THE 2026-2027 SCHOOL YEAR OPENS 3/2/26

For over 20 years, the Building Blocks Preschool Programs have been dedicated to providing a safe environment for each child to grow emotionally, physically, socially, and intellectually. Our teachers make a commitment to support families and children by following Developmentally Appropriate Practices. In our programs, each child is recognized and respected as an individual, and each is nurtured and cherished. We strive to embrace your child's strengths while helping them build self-confidence and self-esteem. Through this process, our hope is that your child will leave our programs feeling accomplished and ready to move on to the next level of learning.

For more information, visit www.cityofsanmateo.org/preschool or contact Beresford Recreation Center (650) 522-7440.

Building Blocks Explorers: age 2-3 yrs.

Is your child ready for independence at school but not yet fully toilet trained? This class offers an opportunity for your child to learn independence, participate in social activities, movement and exploration with our trained Building Blocks teachers. A \$60.00 non-refundable registration processing fee is due at the time of registration.

Beresford Recreation Center			10 payments of	
610102-B1	M/W/F	9:15am-11:45am	\$360	8/17-6/2
610102-B3	Tu/Th	9:15am-11:45am	\$260	8/18-6/1
Shoreview Recreation Center			10 payments of	
610102-B5	M/W/F	9:15am-11:45am	\$360	8/17-6/2
610102-B7	Tu/Th	9:15am-11:45am	\$260	8/18-6/1

Building Blocks Discoverers: age 3-5 yrs.

It's never too early to get your child excited about learning! Children in our Discoverers program will be exposed to social, cognitive, and physical activities that promote lifelong exploration and learning. Curriculum will include hands-on learning activities, early literacy and math skills, and group play opportunities. Your child will graduate from this foundational program well-adjusted and ready for Transitional Kindergarten. A \$60 non-refundable registration processing fee is due at the time of registration.

Shoreview Recreation Center			10 payments of	
610103-C3	M/W/F	9:00am-12:00pm	\$430	8/17-6/2
610103-C4	Tu/Th	9:00am-12:00pm	\$310	8/18-6/1



Building Blocks Lunch Buddies: age 3-5 yrs.

Join your favorite Building Blocks teachers for this one-hour program, where your child will enjoy lunch from home in a calm, social setting. Children will practice independence, table manners, and positive peer interactions while engaging in quiet, developmentally appropriate activities. A \$10 non-refundable registration processing fee is due at the time of registration.

Shoreview Recreation Center			10 payments of	
610106-D1	M/W/F	12:00-1:00pm	\$145	8/17-6/2
610106-D3	Tu/Th	12:00-1:00pm	\$103	8/18-6/1

Preschool

My Grown Up & Me

Ballet Baby & Me: age 18 mos.-3 yrs.

Toddlers and their grown-ups are introduced to ballet through creative movement and imaginative play. Enjoy a delightful bonding experience as your little one twirls, leaps, and giggles into the enchanting world of dance!

Instructor: Broadway Babies and Kids Staff

Broadway Babies and Kids, 1463 Beach Park Blvd., Foster City

230801-A1	Tue	9:15-10:00am	\$340	3/10-6/2
230801-A2	Sat	10:00-10:45am	\$313	3/14-6/6
230801-A3	Sat	11:00-11:45am	\$313	3/14-6/6

Zumbini®: age 0-3 yrs.

We grow up together! The ultimate bonding experience designed for kids and caregivers. We move, sing, play instruments, dance, and learn together! Our program uses music and movement to promote cognitive, social, emotional, and motor development. Come join the fun with us!

Instructor: Kalina Kotseva

Beresford Recreation Center

230800-A2	Thu	10:00-10:50am	\$445	3/12-6/4
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A-Z Creativity-Let's Make Art Together:

age 1.5-3 yrs.

Explore, play, and create together! You and your toddler will dive into fun, age-appropriate art experiences using a variety of materials, stories, and open-ended play! Each class offers multiple ways to make and express - perfect for curious little artists!

Instructor: A-Z Creativity Staff

Beresford Recreation Center

231015-A1	Tue	10:00-10:45am	\$155	3/10-4/14
231015-A2	Tue	10:00-10:45am	\$155	4/21-5/19

Dance & Tumbling

Creative Movement: age 1-3 yrs.

It's never too early to get excited about dance, movement, and music! Students will explore and develop creative artistic spontaneity using props, musical instruments, and their own imaginations. Caregivers are welcome to participate.

Instructor: Better Together Dance Theatre Instructors

Better Together Dance Theatre, 617 Mountain View Ave UNIT 5, Belmont

230809-A3	Thu	9:45-10:30am	\$350	3/12-5/28
230809-A1	Fri	9:00-9:45am	\$350	3/13-5/29
230809-A2	Sat	9:00-9:45am	\$319	3/14-5/30

Kinderdance: age 4-6 yrs.

Children will explore their creativity through dance while being introduced to basic dance technique in our Kinderdance class. Using Modern dance technique as a base, children will explore levels, qualities of movement, and rhythmic structures. They will use these tools to make their own dances, as well as work together to create group dances.

Instructor: Tina Burke

Beresford Recreation Center

230804-B2	Sat	9:30-10:15am	\$172	3/14-6/6
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Preschool Sports

REBOUND BASKETBALL

The following basketball classes are offered by Rebound Basketball. For additional information, contact Manuel Minzer at manuelminzer@yahoo.com or (408) 499-6707.

Rebound Basketball - Parent/Tot: age 2-3.5 yrs.

This is a parent-child class focused on developing gross motor skills and coordination pertinent to the game of basketball. Activities include organized games that help children develop skills and learn to follow directions. Parent participation is required.

Beresford Park Basketball Courts

230516-A1	Sat	9:35-10:00am	\$205	3/14-5/16
230516-A2	Sun	9:35-10:00am	\$205	3/15-5/17

Rebound Basketball - Pre-K: age 3.5-5 yrs.

Learn the fundamentals of basketball in a fun recreational environment. Preschool classes include age-appropriate activities and emphasize basketball skills such as shooting, dribbling, and passing. Fun games will be played in each class.

Beresford Park Basketball Courts

230537-A1	Sat	10:05-10:35am	\$225	3/14-5/16
230537-A2	Sun	10:05-10:35am	\$205	3/15-5/17

Preschool Tennis: age 3-5 yrs.

Preschool Tennis is a fun introduction to movement and exercise specifically designed for you and your child. Together you will run, jump, hop, twist, bend, and swing while you keep your eye on the ball. Meet other people, have fun, and find out why tennis has never been easier to play and learn. This is a parent participation class. All equipment will be provided.

Instructor: Todd Dissly Athletics Staff

Central Park Tennis Courts

230540-C1	Sat	9:20-9:55am	\$179	3/21-4/25
230540-C2	Sat	9:20-9:55am	\$150	5/2-6/6

Skyhawks Multi-Sport Tots: age 2-5 yrs.

Get your little athlete moving with Skyhawks Peninsula's Multi-Sport Tots class! This fun-filled program introduces young children to the basics of indoor soccer, basketball, and volleyball through imaginative games, skill-based activities, and tons of encouragement.

Each session helps develop important motor skills, hand-eye coordination, and teamwork—all while building confidence in a positive, play-focused environment. Our friendly coaches lead kids through exciting drills tailored just for tots, keeping them engaged and moving from start to finish.

Instructor: Skyhawks Sports Staff

Beresford Park Upper Turf

Age 2-3.5 yrs.

230548-A2	Sun	3:30-4:15pm	\$124	3/15-4/19
230548-B2	Fri	3:30-4:15pm	\$124	5/1-6/5

Age 3.5-5 yrs.

230548-A1	Sun	4:30-5:15pm	\$124	3/15-4/19
230548-B1	Fri	4:30-5:15pm	\$124	5/1-6/5

Taekwondo-Beginner age 3-6 yrs.

Students will have fun and improve strength, speed, agility, overall acuity, and fitness while developing and/or improving motor and self-defense skills. *Participants must be able to use the toilet independently.*

See receipt confirmation for uniform and belt-level test fees. For additional information, please email irosario@kickssm.com or visit www.kickssm.com.

Instructor: Luis Rosario

Central Park Recreation Center

230571-A1	Mon	5:30-6:00pm	\$159	3/9-4/13
230571-B1	Mon	5:30-6:00pm	\$159	4/20-6/1
230571-A2	Wed	5:30-6:00pm	\$159	3/11-4/15
230571-B2	Wed	5:30-6:00pm	\$185	4/22-6/3
230571-A3	Fri	5:30-6:00pm	\$134	3/13-4/17
230571-B3	Fri	5:30-6:00pm	\$159	4/24-6/5
230571-A4	Mon/Wed	5:30-6:00pm	\$279	3/9-4/15
230571-B4	Mon/Wed	5:30-6:00pm	\$302	4/20-6/3
230571-A5	Mon/Fri	5:30-6:00pm	\$256	3/9-4/17
230571-B5	Mon/Fri	5:30-6:00pm	\$279	4/20-6/5
230571-A6	Wed/Fri	5:30-6:00pm	\$256	3/11-4/17
230571-A7	Mon/Wed/Fri	5:30-6:00pm	\$396	3/9-4/17
230571-B7	Mon/Wed/Fri	5:30-6:00pm	\$385	4/20-6/5

Go to page 14 for detailed information on Olympic Taekwondo Sparring/Self-Defense

JAMaROO Kids

The following classes are offered by JAMaROO Kids and are held at Beresford Recreation Center. For additional information, call (415) 614-2001 or email jamarookids@gmail.com.

Preschool Art, Music & Storytime:

age 20 mos.-4 yrs.

This class is perfect for caregivers and their child who is new to preschool or will be entering preschool soon! Work on fostering all 5 key areas of development in early childhood education: cognitive, speech and language, fine and gross motor development, and social/emotional. We'll explore different art mediums while encouraging speech and language development and exploring textures, colors, and shapes! Children will also enjoy some music and a story.

230947-A1	Thu	10:45-11:25am	\$205	3/12-4/23
230947-A2	Thu	10:45-11:25am	\$205	4/30-6/4

Baby Music Class: age 0-2 yrs.

Baby Music Class provides an opportunity for parents and/or caregivers to sing and dance with their infants and toddlers to build and strengthen connections! Music and movement support and nurture all areas of child development. We'll sing traditional songs and learn many new ones, often using visual props to help support language development and symbolic thinking. Our classes offer a joyful experience and socialization for both adults and children.

230948-A1	Thu	11:45am-12:15pm	\$195	3/12-4/23
230948-A2	Thu	11:45am-12:15pm	\$195	4/30-6/4

Music & Movement: age 16 mos.-4 yrs.

In this Music & Movement class, you and your child will clap your hands, stomp your feet, and shake your hips to the rhythm and the beat! We'll sing traditional songs and learn original ones, incorporating the use of puppets, books, and other props to encourage vocabulary and identify objects and characters. Through movement activities, children will build gross motor skills, encouraging strength, balance, and coordination.

230949-A1	Mon	4:00-4:30pm	\$195	3/9-4/20
230949-A2	Mon	4:00-4:30pm	\$163	4/27-6/1

Afterschool Care/School Break Camps

Afterschool Care

Beresford Kids Club 2026/27: age 4-11 yrs.

Beresford Kinder Kids and Kids Club are licensed programs for children in grades TK-5. Daily, our trained staff pick up children from Beresford and Meadow Heights Elementary Schools and bring them to Beresford Recreation Center. **A \$60 nonrefundable registration processing fee is required.**

Beresford Recreation Center			10 payments of	
610201-A2	Mon-Fri	12:30-6:00pm	\$787	8/17-6/4
610201-B2	Mon-Fri	2:30-6:00pm	\$596	8/17-6/4

MLK Kids Club 2026/27: age 6-11 yrs.

Exciting News for the 2026-2027 school year! The MLK Kids Club continues at the Martin Luther King Jr. Community Center, offering a dynamic and engaging afterschool experience.

Our caring staff will provide safe and reliable school pick-up for children enrolled at Fiesta Garden's International School, followed by a healthy and delicious snack to fuel the fun ahead. Kids will get homework help to stay on top of their studies, plus enjoy an exciting mix of games, arts and crafts, and hands-on activities that inspire creativity and teamwork. MLK Kids Club is the perfect place for your child to learn, play, and thrive.

A \$60.00 non-refundable registration processing fee is required.

Dr. Martin Luther King Jr. Community Center			10 payments of	
610202-A2	M/W/F	2:30-6:00pm	\$250	8/17-6/4
610202-B1	Tu/Th	2:30-6:00pm	\$128	8/18-6/3

PAL's Place 2026/27: age 11-17 yrs.

Looking for a fun and supportive afterschool program for your teen? PAL's Place welcomes teens who are in 6th-10th grade to enjoy a safe space to engage with friends through gaming, art activities, sports and more! Connect with San Mateo police officers, enjoy a healthy snack, and relax with friends. Computers and homework support will be provided on site. Our awesome staff can provide reliable school pick-up for teens enrolled at Fiesta Garden's International school.

Dr. Martin Luther King Jr. Community Center				
610203-A2	Mon-Fri	2:30-6:00pm	FREE	8/17-6/4

School Break Camps

Looking for fun and flexible childcare during no school days and Spring Break? Each day brings a new theme and exciting activities! Campers will spend their break creating crafts, learning new games, exploring science, making art masterpieces, and singing their favorite camp songs. Children must currently be enrolled in TK through 5th grade to join this camp.

Instructor: City Staff

Spring Camp: age 4-11 yrs.

Beresford Recreation Center				
110207-A1	Mon-Fri	8:30am-5:30pm	\$475	3/30-4/3

No School-Kids Day: age 4-11 yrs.

Join your friends for a day of FUN! Kids will participate in games, arts and crafts, cooking, and sports. Spaces are limited, so early registration is recommended. Children must currently be enrolled in TK through 5th grade to join this camp.

Beresford Recreation Center				
110205-A2	Fri	8:30am-5:30pm	\$103	3/27

Junior Chef Stars: Taste of the Bay Camp:

age 7-13 yrs.

Campers will experience a culinary adventure through the heart of the San Francisco Bay! They will explore the rich and diverse food cultures that make the Bay Area one of the most exciting places to eat - and cook!

Instructor: Junior Chef Stars Staff

Dr. Martin Luther King Jr. Community Center				
220230-A1	Mon-Fri	9:00am-4:00pm	\$650	3/30-4/3

NEW!

Mobile Recreation

Exactly what it sounds like - we're recreation on wheels! Funded by Measure S; its purpose is to bring recreation to areas of San Mateo with limited access to our community centers and programs. Stay updated with where we'll be next!

www.cityofsanmateo.org/mobilerec



School Break Camps

NEW!

STEM Camp: age 6-11 yrs.

In these STEM Camps, campers get to choose one of two tracks of focus for the week - either Science and Electronics or Coding and Robotics! The Science and Electronics track provides fundamental science concepts and campers apply them through hands-on activities and experiments. They will dive into the world of circuits and electronics behind them. If campers choose the Coding and Robotics track, they will use the wonder and genius of robots and programming to learn engineering, apply their knowledge and skills of basic science, and model construction and problem-solving to explore STEM concepts. You'll have an opportunity to pre-select your child's preferred track of focus prior to the start of camp!

Instructor: Stemtreet Staff

Stemtreet, 36 42nd Avenue, San Mateo

231123-A1	Mon-Fri	9:00am-12:00pm	\$397	3/30-4/3
231123-A2	Mon-Fri	12:00-3:00pm	\$397	3/30-4/3
231123-A3	Mon-Fri	9:00am-3:00pm	\$698	3/30-4/3

Create Mix & Mingle-Artistic Medley: age 6-13 yrs.

We will keep your child engaged and challenge them with new artistic mediums daily through projects that stimulate their minds using sculpture, painting, and drawing while combining them in creative ways!

Instructor: Create Mix and Mingle Staff

Create Mix and Mingle, 25 N. Kingston Street, San Mateo

221045-A1	Mon-Fri	9:00am-3:00pm	\$545	3/30-4/3
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A-Z Creativity-Art Extravaganza Camp:

age 5-10 yrs.

Let's make art! Each day, your child will be introduced to new art forms, including drawing, painting, collage, and sculpture processes. They will be given time to explore the techniques learned in each medium and experiment with combining processes to create meaningful, imaginative works.

Instructor: A-Z Creativity Staff

Beresford Recreation Center

220213-A1	Mon-Fri	9:00am-3:00pm	\$580	3/30-4/3
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Dragonfly Designs: Jewelry-Making: Design, Shine, and Connect Camp: age 8-12 yrs.

In this creative camp, children will learn bead stringing, crimping, and creative pattern-making techniques. With access to a vibrant selection of beads, campers will craft quality jewelry pieces to wear and share!

Instructor: Drangonfly Designs Staff

Beresford Recreation Center

221024-A1	Mon-Fri	9:00am-3:00pm	\$671	3/30-4/3
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NAofA-All Sports Spring Camp: age 6-12 yrs.

A great way to introduce your child to the world of sports! Campers play games that may include whiffle ball, basketball, soccer, flag football, capture the flag, relay & obstacle races, and a whole lot more!

Instructor: National Academy of Athletics Staff

Beresford Park Upper Turf

220567-A1	Mon-Fri	9:00am-3:00pm	\$329	3/30-4/3
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Skyhawks Multi Sport Camp: age 7-12 yrs.

Explore our Multi-Sport Camp! Campers will engage in soccer, football, and basketball, while learning the science behind the game. Develop athletic skills, teamwork, and problem-solving in a fun, hands-on environment.

Instructor: Skyhawks Sports Staff

Fiesta Meadows Park

230554-A5	Mon-Fri	1:00-4:00pm	\$234	3/30-4/3
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Rebound Basketball Camps: age 5-14 yrs.

With an emphasis on dribbling, passing, and shooting hoops for each age group, this basketball camp ensures success and builds confidence through fun activities and games!

Instructor: Manuel Minzer

Beresford Park Basketball Courts

Age 5-8 yrs.

220215-A1	Mon-Fri	9:00am-12:00pm	\$275	3/30-4/3
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Age 8-14 yrs.

220215-B1	Mon-Fri	1:00-4:00pm	\$275	3/30-4/3
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The following academic camps are offered by
Communication Academy
and are held at Beresford Recreation Center.
For additional information, email
info@communicationacademy.com
or call (408) 777-8876.

Academic Writing: Compelling Writers:

age 8-11 yrs.

Campers will practice expressing their opinions, winning arguments, and learning the all-important art of persuasion! They will learn from the texts of charismatic figures and historical speeches and then make them their own.

231147-A1	Mon-Fri	9:00-11:30am	\$455	3/30-4/3
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Public Speaking: Reader's Theater: age 8-11 yrs.

Your child will gain confidence learning to express themselves through plays, skits, and more! They will make new friends and master speaking skills as actors and directors of drama.

220235-A1	Mon-Fri	12:30-3:00pm	\$455	3/30-4/3
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Academic Writing and Public Speaking

Combo: age 8-11 yrs.

Campers master skills in speaking, writing, language, and gain confidence! Get two courses at an automatic discount! Includes supervision between courses.

230237-A1	Mon-Fri	9:00am-3:00pm	\$775	3/30-4/3
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Youth & Family Aquatics



Join the SMPRD Aquatics Team

Recruitment has begun for Swim lesson instructors and Lifeguards. Must be at least 15 years old and have a current LGT, CPR and AED by June 1, 2026. A WSI certificate is encouraged. Applications are available on line at www.cityofsanmateo.org. Please call the Dr. Martin Luther King Jr. Community Center at (650) 522-7470 for more information.

Junior Swim Instructor: age 12-18 yrs.

Join our Junior Swim Instructor Volunteer Program, where young, enthusiastic individuals can develop valuable leadership and teaching skills while making a positive impact in the community! This program is designed for youth interested in gaining experience in swimming instruction, child development, and water safety. Volunteers will assist experienced swim instructors in teaching group lessons, helping swimmers of all ages and skill levels improve their techniques and build confidence in the water. Completion of level 4 swim lessons is strongly encouraged. Participants must be present at training to volunteer during the season, including past participants.

Dr. Martin Luther King Jr. Community Pool

260614-J1	W/Th	4:30-6:00pm	\$40	5/27-5/28
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Lifeguard Recertification Training:

age 15+ yrs.

This abbreviated Lifeguarding course includes a review of core content, practice of essential skills, and evaluation of emergency team response. This class is taught in a blended learning format, and the assigned online portion must be completed prior to instructor-led session. To participate in the recertification course participants must possess a Red Cross certificate for Lifeguarding with CPR/AED for Professional Rescuers and First Aid (either a current certification or one that has expired within the last 30 days). Students who successfully complete this course will receive a certificate for Lifeguarding with CPR/AED for Professional Rescuers and First Aid valid for 2 years.

Dr. Martin Luther King Jr. Community Pool

260615-K3	Sat	9:00am-6:15pm	\$200	5/16
260615-K4	Sat	9:00am-6:15pm	\$200	6/6

Lifeguard Training: age 15+ yrs.

This Lifesaving course, based on the American Red Cross Lifeguarding program, will certify students in Lifesaving, CPR and AED for the professional. Students must be 15 years old by the first day of the class and pass a pre-test (swim 300 yards continuously, retrieve a 10 lb. brick from the bottom of the pool, return it to a designated spot and climb out of the pool). This is a blended learning class that combines both in-person and online lessons. There are 7 hours of online training that needs to be completed before you are eligible to attend in-person training.

In-person class sessions are held Friday – Sunday. Completion of the online portion and attendance at all meetings are required for certification.

The deadline to register is 1 week before class starts.

Dr. Martin Luther King Jr. Community Pool

260615-K1	Fri	4:00-8:00pm	\$280	4/17-4/19
	Sat	9:00am-6:00pm		
	Sun	9:00am-6:00pm		
260615-K2	Fri	4:00-8:00pm	\$280	5/22-5/24
	Sat	9:00am-6:00pm		
	Sun	9:00am-6:00pm		



Basketball

REBOUND BASKETBALL

The following basketball classes are offered by Rebound Basketball.

For additional information, contact Manuel Minzer at manuelminzer@yahoo.com or (408) 499-6707.

Rebound Basketball: age 5-7 yrs.

Basketball classes focus in personal skill training through fun activities. We encourage participation and self-improvement.

Fee includes a ribbon award at the end of the season.

Participants should wear appropriate sport clothing and bring water.

Beresford Park Basketball Courts

230538-C1	Mon	3:15-4:00pm	\$205	3/9-5/11
230538-C2	Fri	3:15-4:00pm	\$205	3/13-5/15
230538-C3	Sat	10:45-11:30am	\$255	3/14-5/16
230538-C4	Sun	10:45-11:30am	\$235	3/15-5/17

Rebound Basketball - Clinic: age 8-14 yrs.

Our Rebound Basketball Clinic is a perfect way for kids ages 8-14 to hone their hoop skills - no matter their experience level! We'll use fun exercises to help improve each player's offense, defense, dribbling, passing, and shooting abilities. Students will get the chance to experience playing with a team through games and scrimmage during class.

Beresford Park Basketball Courts

230539-A1	Mon	4:05-5:00pm	\$225	3/9-5/11
230539-A2	Fri	4:05-5:00pm	\$225	3/13-5/15
230539-A3	Sat	11:35am-12:30pm	\$275	3/14-5/16
230539-A4	Sun	11:35am-12:30pm	\$255	3/15-5/17

Go to page 8 for information on Rebound Basketball: Parent/Tot & Pre-K.



Skateboarding

Getting Started: age 5-14 yrs.

Perfect for first-time riders! This class introduces kids to the fundamentals of skateboarding, emphasizing proper technique, balance, and control. The focus is on creating a fun and safe learning environment that helps students build confidence and stay excited as they progress beyond the basics.

Instructor: Mike Manidis (Staff)

Beresford Skate Park

230557-A1	Sat	9:00-10:00am	\$148	3/14-4/18
230557-A2	Sat	9:00-10:00am	\$148	5/2-6/6

Basic Tricks: age 5-14 yrs.

Take your skills to the next level! This class builds on the fundamentals introduced in the Getting Started program, focusing on developing both basic and intermediate skateboarding tricks. Students will progress in a supportive, safe, and fun environment while gaining confidence and control on their boards.

Instructor: Mike Manidis (Staff)

Beresford Skate Park

230556-A1	Sat	10:00-11:00am	\$148	3/14-4/18
230556-A2	Sat	10:00-11:00am	\$148	5/2-6/6

Soccer

The following soccer class is taught by World Cup Soccer Camps and Clinics.

For additional information, contact clinics@worldcupsoccer camps.com or call (408) 354-4949.

World Cup Soccer - Skills Clinic: age 4-9 yrs.

World Cup Soccer Skill Clinics focus on a lot of ball touches and core skills like dribbling, passing, and shooting. Small groups ensure personal attention, and each session ends with a fun scrimmage to apply what they've learned.

Instructor: World Cup Soccer Staff

Bay Meadows Community Park

Age 4-6 yrs.

230525-A1	Mon	4:00-5:00pm	\$269	4/6-6/1
230525-A4	Wed	4:00-5:00pm	\$269	4/8-5/27
230525-A2	Fri	4:00-5:00pm	\$269	4/10-5/29

Age 7-9 yrs.

230525-B1	Mon	5:00-6:00pm	\$269	4/6-6/1
230525-B4	Wed	5:00-6:00pm	\$269	4/8-5/27
230525-B2	Fri	5:00-6:00pm	\$269	4/10-5/29

Beresford Park Upper Turf

Age 4-6 yrs.

230525-A3	Sat	10:00-11:00am	\$269	3/21-5/16
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Age 7-9 yrs.

230525-B3	Sat	11:00am-12:00pm	\$269	3/21-5/16
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Youth Sports & Fitness

Martial Arts

KARATE

The following Karate classes are taught by Sensei Bernard Edwards and are held at the San Mateo Senior Center.

For additional information, please call (650) 207-3550.

Karate 1: Intro/Beginning: age 5-13 yrs.

Karate helps build confidence and increase concentration. This class will emphasize hand-eye coordination, body awareness, and Karate concepts including blocking, kicking, punching, and striking. Karate Gi (uniform) is required.

230527-A1	Tue/Thu	5:45-6:30pm	\$388	4/7-5/28
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Karate 2: Advanced Beginner: age 9+ yrs.

This advanced beginner level course will stress the more advanced basics of Karate. Students must have completed Karate 1 and have the instructor's approval to join this class.

230531-A1	Tue/Thu	6:30-7:30pm	\$405	4/7-5/28
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Kendo: age 9+ yrs.

Kendo, Japanese fencing, is rooted in the sword-fighting techniques of ancient samurai. This martial art conditions the body and spirit through demanding exercises. Additional yearly fees are not included in this class fee.

Visit www.sanmateokendo.org for additional fees.

Instructor: San Mateo Kendo Dojo (Staff)

Dr. Martin Luther King Jr. Community Center

Beginner

230553-A1	Tue	6:00-7:00pm	\$35	3/10-4/21
230553-A2	Tue	6:00-7:00pm	\$35	4/28-6/2

Advanced

230553-B1	Tue	7:00-8:30pm	\$40	3/10-4/21
230553-B2	Tue	7:00-8:30pm	\$40	4/28-6/2

TAEKWONDO

OLYMPIC SPARRING/SELF-DEFENSE

The following Olympic Taekwondo classes are taught by International Certified Master Luis Rosario and are held at the Central Park Recreation Center. See receipt confirmation for uniform and belt-level test fees. For additional information, please email lrosario@kickssm.com or visit www.kickssm.com

Students will have fun and improve strength, speed, agility, overall acuity, and fitness while developing and/or improving motor and self-defense skills. This class uses Kukkiwon, World Taekwondo/Olympic training drills and techniques, including flag-tag, Mad Dog Visual Acuity System, SAQ, in a safety-first environment. Classes are adapted to meet the needs of every level.

Beginner - Age: 3-6 yrs. (ability to use the toilet independently)

230571-A1	Mon	5:30-6:00pm	\$159	3/9-4/13
230571-B1	Mon	5:30-6:00pm	\$159	4/20-6/1
230571-A2	Wed	5:30-6:00pm	\$159	3/11-4/15
230571-B2	Wed	5:30-6:00pm	\$185	4/22-6/3
230571-A3	Fri	5:30-6:00pm	\$134	3/13-4/17
230571-B3	Fri	5:30-6:00pm	\$159	4/24-6/5
230571-A4	Mon/Wed	5:30-6:00pm	\$279	3/9-4/15
230571-B4	Mon/Wed	5:30-6:00pm	\$302	4/20-6/3
230571-A5	Mon/Fri	5:30-6:00pm	\$256	3/9-4/17
230571-B5	Mon/Fri	5:30-6:00pm	\$279	4/20-6/5
230571-A6	Wed/Fri	5:30-6:00pm	\$256	3/11-4/17
230571-A7	Mon/Wed/Fri	5:30-6:00pm	\$396	3/9-4/17
230571-B7	Mon/Wed/Fri	5:30-6:00pm	\$385	4/20-6/5

Junior - Age: 5-11 yrs.

232810-A1	Mon	6:00-7:00pm	\$189	3/9-4/13
232810-B1	Mon	6:00-7:00pm	\$189	4/20-6/1
232810-A2	Wed	6:00-7:00pm	\$189	3/11-4/15
232810-B2	Wed	6:00-7:00pm	\$221	4/22-6/3
232810-A3	Fri	6:00-7:00pm	\$159	3/13-4/17
232810-B3	Fri	6:00-7:00pm	\$189	4/24-6/5
232810-A4	Mon/Wed	6:00-7:00pm	\$339	3/9-4/15
232810-B4	Mon/Wed	6:00-7:00pm	\$368	4/20-6/3
232810-A5	Mon/Fri	6:00-7:00pm	\$312	3/9-4/17
232810-B5	Mon/Fri	6:00-7:00pm	\$339	4/20-6/5
232810-A6	Wed/Fri	6:00-7:00pm	\$312	3/11-4/17
232810-B6	Wed/Fri	6:00-7:00pm	\$368	4/22-6/5
232810-A7	Mon/Wed/Fri	6:00-7:00pm	\$431	3/9-4/17
232810-B7	Mon/Wed/Fri	6:00-7:00pm	\$481	4/20-6/5

Advanced - Age: 10-17 yrs.

232811-A1	Mon	7:00-8:00pm	\$189	3/9-4/13
232811-B1	Mon	7:00-8:00pm	\$189	4/20-6/1
232811-A2	Wed	7:00-8:00pm	\$189	3/11-4/15
232811-B2	Wed	7:00-8:00pm	\$221	4/22-6/3
232811-A3	Fri	7:00-8:00pm	\$159	3/13-4/17
232811-B3	Fri	7:00-8:00pm	\$189	4/24-6/5
232811-A4	Mon/Wed	7:00-8:00pm	\$339	3/9-4/15
232811-B4	Mon/Wed	7:00-8:00pm	\$368	4/20-6/3
232811-A5	Mon/Fri	7:00-8:00pm	\$312	3/9-4/17
232811-B5	Mon/Fri	7:00-8:00pm	\$339	4/20-6/5
232811-A6	Wed/Fri	7:00-8:00pm	\$312	3/11-4/17
232811-B6	Wed/Fri	7:00-8:00pm	\$368	4/22-6/5
232811-A7	Mon/Wed/Fri	7:00-8:00pm	\$431	3/9-4/17
232811-B7	Mon/Wed/Fri	7:00-8:00pm	\$481	4/20-6/5

KUK SOOL

The following Kuk Sool classes are taught by Tim Sheehan and held at the Central Park Recreation Center.

For additional information, please email kuksoolmastertimsheehan@gmail.com or call (650) 570-5991

Beginner/Intermediate Martial Arts: age 6-14 yrs.

Discover the dynamic world of Kuk Sool, a comprehensive Korean martial arts system that combines kicking, striking, joint locks, throws, and traditional forms. This beginner-friendly class focuses on building discipline, coordination, self-confidence, and respect, all while getting a fun and challenging workout. No experience necessary!

230513-A1	Tue	5:15-5:50pm	\$330	3/10-6/2
230513-A2	Thu	5:15-5:50pm	\$330	3/12-6/4
230513-A3	Tue/Thu	5:15-5:50pm	\$577	3/10-6/4

Intermediate/Advanced Marial Arts: age 8-17 yrs.

Designed for students with prior experience in Kuk Sool or a similar martial art, this class builds on foundational techniques and emphasizes discipline, fitness, self-defense, and continued personal growth in a structured, supportive environment. Whether training for the next belt or sharpening skills, this class is the next step in a student's martial arts journey. *Prerequisite: Prior Kuk Sool experience to the rank of Blue Belt or above or instructor approval.*

230535-A1	Tue	6:00-7:00pm	\$330	3/10-6/2
230535-A2	Thu	6:00-7:00pm	\$330	3/12-6/4
230535-A3	Tue/Thu	6:00-7:00pm	\$577	3/10-6/4



MAD DOG SPORT VISION ACUITY

NEW!

The following Mad Dog Sports Vision Acuity classes are taught by International Certified Master Luis Rosario and are held at the Central Park Recreation Center. For additional information, please email lrosario@kickssm.com or visit www.kickssm.com

Develop reflexes like the PROS! You will see sooner, your hands, body, and mind will respond quicker, you'll process options faster and reduce your overall reaction time for that winning edge! Whether you participate in baseball, basketball, football, tennis, MMA, martial arts, or boxing, you'll react like a Mad Dog!

Junior - Age: 5-11 yrs.

230579-A1	Mon	6:00-6:30pm	\$159	3/9-4/13
230579-B1	Mon	6:00-6:30pm	\$159	4/20-6/1
230579-A2	Wed	6:00-6:30pm	\$159	3/11-4/15
230579-B2	Wed	6:00-6:30pm	\$185	4/22-6/3
230579-A3	Fri	6:00-6:30pm	\$134	3/13-4/17
230579-B3	Fri	6:00-6:30pm	\$159	4/24-6/5
230579-A4	Mon/Wed	6:00-6:30pm	\$279	3/9-4/15
230579-B4	Mon/Wed	6:00-6:30pm	\$302	4/20-6/3
230579-A5	Mon/Fri	6:00-6:30pm	\$256	3/9-4/17
230579-B5	Mon/Fri	6:00-6:30pm	\$279	4/20-6/5
230579-A6	Wed/Fri	6:00-6:30pm	\$256	3/11-4/17
230579-B6	Wed/Fri	6:00-6:30pm	\$302	4/22-6/5
230579-A7	Mon/Wed/Fri	6:00-6:30pm	\$396	3/9-4/17
230579-B7	Mon/Wed/Fri	6:00-6:30pm	\$385	4/20-6/5

Advanced - Age: 10-17 yrs.

230580-A1	Mon	6:30-7:00pm	\$159	3/9-4/13
230580-B1	Mon	6:30-7:00pm	\$159	4/20-6/1
230580-A2	Wed	6:30-7:00pm	\$159	3/11-4/15
230580-B2	Wed	6:30-7:00pm	\$185	4/22-6/3
230580-A3	Fri	6:30-7:00pm	\$134	3/13-4/17
230580-B3	Fri	6:30-7:00pm	\$159	4/24-6/5
230580-A4	Mon/Wed	6:30-7:00pm	\$279	3/9-4/15
230580-B4	Mon/Wed	6:30-7:00pm	\$302	4/20-6/3
230580-A5	Mon/Fri	6:30-7:00pm	\$256	3/9-4/17
230580-B5	Mon/Fri	6:30-7:00pm	\$279	4/20-6/5
230580-A6	Wed/Fri	6:30-7:00pm	\$256	3/11-4/17
230580-B6	Wed/Fri	6:30-7:00pm	\$302	4/22-6/5
230580-A7	Mon/Wed/Fri	6:30-7:00pm	\$396	3/9-4/17
230580-B7	Mon/Wed/Fri	6:30-7:00pm	\$385	4/20-6/5



Youth Sports & Fitness

Skyhawks Sports

The following classes are taught by
Skyhawks Staff

Flag Football: age 6-12 yrs.

Ready, set, hike! Our Flag Football class is all about fun, fast-paced action in a safe, no-contact setting. Kids learn teamwork, passing, and game strategy while staying active and building confidence—all with a big focus on safety and sportsmanship.

Fiesta Meadows Park

Ages: 6-8 yrs

230549-B1	Thu	3:45-4:45pm	\$124	4/30-6/4
230549-A1	Sat	3:45-4:45pm	\$124	3/14-4/18

Ages: 9-12 yrs

230549-B2	Thu	5:00-6:00pm	\$124	4/30-6/4
230549-A2	Sat	5:00-6:00pm	\$124	3/14-4/18

Volleyball: age 6-12 yrs.

Bump, set, spike! Join Skyhawks Peninsula for an exciting and skill-building indoor volleyball class designed specifically for kids. Whether your child is new to the sport or building on existing skills, this program offers a fun, energetic environment that promotes teamwork, confidence, and athletic development.

Led by experienced Skyhawks coaches, participants will learn the fundamentals of volleyball—including passing, setting, hitting, and serving—through engaging drills, age-appropriate instruction, and game-based play. With a focus on positive reinforcement and sportsmanship, kids will gain both skills and confidence on the court.

Fiesta Meadows Park

Ages: 6-8 yrs

230550-A1	Wed	3:45-4:45pm	\$124	3/11-4/15
230550-B1	Wed	3:45-4:45pm	\$124	4/29-6/3

Ages: 9-12 yrs

230550-A2	Wed	5:00-6:00pm	\$124	3/11-4/15
230550-B2	Wed	5:00-6:00pm	\$124	4/29-6/3

**Go to page 9 for information on
Skyhawks Multi-Sport Tots.**



Multi Sport Camp: age 7-12 yrs.

Explore our Multi-Sport Camp! Campers will engage in soccer, football, and basketball, while learning the science behind the game. Develop athletic skills, teamwork, and problem-solving in a fun, hands-on environment.

Fiesta Meadows Park

230554-A5	Mon-Fri	1:00-4:00pm	\$234	3/30-4/3
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Beginning Golf: age 5-11 yrs.

This class is designed to teach the basics of putting, driving, and golf etiquette. Using kid-friendly equipment, we make learning fun with engaging drills, providing a great way for young golfers of all levels to improve!

Fiesta Meadows Park

Ages: 5-7 yrs

230551-A1	Mon	3:45-4:45pm	\$124	3/9-4/13
230551-A2	Mon	3:45-4:45pm	\$124	4/27-6/1

Ages: 8-10 yrs

230551-B1	Mon	5:00-6:00pm	\$124	3/9-4/13
230551-B2	Mon	5:00-6:00pm	\$124	4/27-6/1

Fiesta Meadows Park

Ages: 6-11 yrs

230551-A5	Mon-Fri	9:00am-12:00pm	\$234	3/30-4/3
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Tennis & Pickleball

The following programs are offered by Todd Dissly Athletics. For additional information, email Director, Paul Lin, at paul@sanmateotennis.net or call (650) 743-1382. For weather updates: www.threads.net/@sanmateotp

Pre-Rallyball Tennis: age 5-6 yrs.

Pre-Rallyball Tennis is the preparation stage for students ages 5-6 years old for the San Mateo pathway. Early skill acquisition depends on parent participation. To progress to Rallyball 1, students must demonstrate proper grip and focused ball tracking.

Beresford Park Tennis Courts

230541-B1	Mon	4:15-4:55pm	\$204	3/16-4/20
230541-B2	Mon	4:15-4:55pm	\$170	4/27-6/1

Central Park Tennis Courts

230541-C1	Wed	4:15-4:55pm	\$204	3/18-4/22
230541-C2	Wed	4:15-4:55pm	\$204	4/29-6/3

Jr. Rallyball Tennis 1: age 7-10 yrs.

Jr. Rallyball Tennis 1 is designed to engage young children in learning tennis as a team sport while having fun with their friends. To progress to Rallyball 2, students must demonstrate multiple touch rallies on a 36-foot court.

Beresford Park Tennis Courts

230542-B1	Mon	5:00-5:55pm	\$198	3/16-4/20
230542-B2	Mon	5:00-5:55pm	\$165	4/27-6/1

Central Park Tennis Courts

230542-C3	Wed	5:00-5:55pm	\$191	3/18-4/22
230542-C4	Wed	5:00-5:55pm	\$191	4/29-6/3
230542-C5	Fri	4:00-4:55pm	\$191	3/20-4/24
230542-C6	Fri	4:00-4:55pm	\$191	5/1-6/5
230542-C7	Sat	10:00-10:55am	\$191	3/21-4/25
230542-C8	Sat	10:00-10:55am	\$160	5/2-6/6

Jr. Rallyball Tennis 2: age 7-10 yrs.

Prerequisite: Rallyball 1 and instructor's approval.

Jr. Rallyball Tennis 2 helps children improve their rally skills with better control of ball direction and depth. Overhead serving will also be polished for point play during this class. To progress to Rallyball 3, students must be able to serve and rally consistently on a 36-foot court.

Central Park Tennis Courts

230543-C2	Fri	5:00-5:55pm	\$191	3/20-4/24
230543-C3	Fri	5:00-5:55pm	\$191	5/1-6/5
230543-C5	Sat	11:00-11:55am	\$191	3/21-4/25
230543-C6	Sat	11:00-11:55am	\$191	5/2-6/6

*Go to page 8 for information on
Preschool Tennis.*

Jr. Beginning Tennis: age 11-17 yrs.

Jr. Beginning Tennis is ideal for teenagers who have never learned to play tennis. To progress to Intermediate, students must be able to serve and rally consistently on a 60-foot court.

Central Park Tennis Courts

230544-C2	Fri	4:00-4:55pm	\$191	3/20-4/24
230544-C3	Fri	4:00-4:55pm	\$191	5/1-6/5
230544-C5	Sat	11:00-11:55am	\$191	3/21-4/25
230544-C6	Sat	11:00-11:55am	\$160	5/2-6/6

Jr. Intermediate Tennis: age 11-17 yrs.

Prerequisite: Jr. Beginning and instructor's approval.

Jr. Intermediate Tennis is perfect for students who are ready to play with green balls on a full 78-foot court. All basic strokes will be revisited with an emphasis on match play strategies during this class.

Central Park Tennis Courts

230545-C1	Mon	5:00-5:55pm	\$191	3/16-4/20
230545-C2	Mon	5:00-5:55pm	\$160	4/27-6/1
230545-C3	Fri	5:00-5:55pm	\$160	3/20-4/24
230545-C4	Fri	5:00-5:55pm	\$191	5/1-6/5

Jr. Rallyball Tennis 3: age 7-10 yrs.

Prerequisite: Rallyball 2 and instructor's approval. To progress, students must demonstrate solid techniques and control. In Jr. Rallyball Tennis 3, students start to play with orange balls on a 60-foot court which requires more efficient footwork to navigate. Leg drive and weight transfer are also introduced to aid groundstroke depth in this course.

Central Park Tennis Courts

230558-B1	Mon	4:00-4:55pm	\$191	3/16-4/20
230558-B2	Mon	4:00-4:55pm	\$160	4/27-6/1
230558-C1	Sat	10:00-10:55am	\$191	3/21-4/25
230558-C2	Sat	10:00-10:55am	\$160	5/2-6/6

Jr. Pickleball - Beginner: age 10-17 yrs.

Calling all teenagers who are new to Pickleball! Join your peers to learn the fundamentals of the fastest growing sport in the U.S. and start playing the game from the first lesson! You may borrow paddles and balls will be provided during class.

Central Park Tennis Courts

230640-C1	Wed	5:00-5:55pm	\$191	3/18-4/22
230640-C2	Wed	5:00-5:55pm	\$191	4/29-6/3

Jr. Pickleball - Intermediate: age 10-17 yrs.

For experienced young players, this class will polish your fundamentals while helping strategize for your game. Coach approval required if you have not attended the Beginner class.

Central Park Tennis Courts

230641-C1	Wed	4:00-4:55pm	\$191	3/18-4/22
230641-C2	Wed	4:00-4:55pm	\$191	4/29-6/3

Youth Dance

YOUTH WINTER DANCE & FITNESS PROGRAM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Street Dance 4:00-4:50pm 7-16 years MLK	Ballet Baby & Me 9:15-10:00am 18 mos-3 years BBK	Creative Dance-Neuro 4:00-4:45pm 7-11 years BRC	Creative Movement 9:45-10:30am 1-3 years BTDT	Creative Movement 9:00-9:45am 1-3 years BTDT	Creative Movement 9:00-9:45am 1-3 years BTDT
K-Pop I 4:00-4:50pm 8-17 years BRC	K-Pop II 4:00-5:00pm 11-17 years BRC	Mexican Folkloric II/III 5:10-6:00pm 7-13 years MLK	Zumbini® 10:00-10:50am 0-3 years BRC	Contemporary/Lyrical 5:00-6:00pm 7-16 years BRC	Kinderdance 9:30-10:15am 4-6 years BRC
Hip Hop II 4:55-5:45pm 10-17 years BRC	Creative Ballet 4:30-5:15pm 5-9 years BRC	Mexican Folkloric IV/V 6:10-7:00pm 11-16 years MLK	Irish Dance Beginner 4:00-4:45pm 5+ years BRC	Ballet Teen/Adult 6:15-7:30pm 12+ years BRC & ZOOM	Ballet Baby & Me 10:00-10:45am 18 mos-3 years BBK
Boys Dance 5:00-5:50pm 7-16 years MLK	Petite Ballet 5:00-5:45pm 6-8 years ECB	Irish Dance Beg. I/II 4:30-5:15pm 5+ years BRC		Ballet Baby & Me 11:00-11:45am 18 mos-3 years BBK	
Mexican Folkloric ! 5:10-6:00pm 5-10 years MLK	Beginning/Int. Jazz 5:20-6:20pm 8-16 years BRC			Petite Ballet 5:00-5:45pm 6-8 years ECB	Creative Dance 10:30-11:15am 6-9 years BRC
K-Pop Performance 6:10-7:10pm 13-17 years MLK	Conditioning 6:20-7:10pm 12+ years MLK			Irish Dance Novice 5:15-6:15pm 5+ years BRC	Creative Ballet 11:30am-12:20pm 6-10 years BRC
		Conditioning 7:15-8:30pm 12+ years MLK		Irish Dance Advanced 5:30-6:30pm 5+ years BRC	
					

BBK = Broadway Babies & Kids

BRC = Beresford Recreation Center

BTDT = Better Together Dance Theatre

ECB = El Camino Ballet

MLK = Dr. Martin Luther King Jr. Community Center

SMHS = San Mateo High School (Dance Studio, inside gym)

ZOOM = Virtual Class via Zoom

Questions? Call (650) 522-7440 for more information.

Check your confirmation receipt for class requirements; bring water.



Ballet

Creative Ballet: age 5-10 yrs.

Working on lines and movement through space, students will learn dances using creative movement together with ballet steps.

Instructor: Tina Burke

Beresford Recreation Center

Age: 5-9 yrs

230814-B2	Tue	4:30-5:15pm	\$172	3/10-6/2
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Age: 6-10 yrs.

230814-B1	Sat	11:30am-12:20pm	\$172	3/14-6/6
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Petite Ballet: age 6-8 yrs.

This program is designed to spark creativity, enhance musicality, and foster a passion for ballet within a supportive environment. We believe the development of these skills is essential for each student to thrive in whatever they choose to pursue.

Instructor: El Camino Ballet Staff

El Camino Ballet, 102 S. El Camino Real, San Mateo

230812-A1	Tue	5:00-5:45pm	\$398	3/10-6/2
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230812-A2	Thu	5:00-5:45pm	\$398	3/12-6/4
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Ballet Teen/Adult: Mixed Levels: age 12+ yrs.

Our mixed level, traditional ballet class is for experienced and new ballet dancers. The instructor dances professionally and has over 20 years of experience. She emphasizes good technique and posture to prevent injury and build strength while making classes fun.

Instructor: Kristine Chambers

Beresford Recreation Center

241701-H2	Fri	6:15-7:30pm	\$205	3/27-6/5
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Virtual Program (Hosted via Zoom)

241701-H1	Fri	6:15-7:30pm	\$205	3/27-6/5
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Jazz

Beginning/Intermediate Jazz: age 8-16 yrs.

Jazz dance involves dynamic movements, performed with a low center of gravity and soft knees to maintain balance and clean transitions from one movement to the next. This series develops students' dance skills while pumping up their energy and confidence. Students will learn technique, basic jazz steps, and fun dance combinations, then continue building on these skills with more challenging steps while focusing on musicality in choreography.

Instructor: Tina Burke

Beresford Recreation Center

230822-B1	Tue	5:20-6:20pm	\$172	3/10-6/2
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Creative Dance

Kinderdance: age 4-6 yrs.

Children will explore their creativity through dance while being introduced to basic dance technique in our Kinderdance class. Using Modern dance technique as a base, children will explore levels, qualities of movement, and rhythmic structures. They will use these tools to make their own dances, as well as work together to create group dances.

Instructor: Tina Burke

Beresford Recreation Center

230804-B2	Sat	9:30-10:15am	\$172	3/14-6/6
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Creative Dance: age 6-9 yrs.

This class is the next step after Kinderdance for dancers who have the basics down. Dancers will learn movements, technique, and the fundamentals of creating a dance. Create something special!

Instructor: Tina Burke

Beresford Recreation Center

230805-B1	Sat	10:30-11:15am	\$172	3/14-6/6
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Creative Dance for Neurodivergent

Individuals: age 7-11 yrs.

In this class, dancers will explore the fundamentals of creative dance, including levels, shapes, and locomotion. We will move with scarves, bean bags, and place dots-come join the excitement! This class is designed for caregivers and kids together.

Instructor: Tina Burke

Beresford Recreation Center

230818-B1	Wed	4:00-4:45pm	\$172	3/11-6/3
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Contemporary/Lyrical-Mixed Levels:

age 7-19 yrs.

Contemporary dance combines the strong, controlled legwork of ballet, the expressive use of the torso from modern dance, and the dynamic lines and quick movements of jazz. Lyrical dance, rooted in jazz, focuses on expressing the emotions of a song's lyrics through movement. In this class, dancers will work on technique, learn floor work, and explore improvisation, interpretive dance, and lyrical styles. Beginners are welcome!

Instructor: Kristine Chambers

Beresford Recreation Center

230807-B2	Fri	5:00-6:00pm	\$205	3/27-6/5
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Youth Dance/Music

K-Pop/Hip Hop

K-Pop I: age 8-17 yrs.

Learn the basics of K-pop dance in a fun, beginner-friendly class! Perfect for young fans ready to groove to their favorite idols' moves.

Instructor: Gyabi Tompkins

Beresford Recreation Center

230827-K1	Mon	4:00-4:50pm	\$170	3/9-6/1
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K-Pop II: age 11-17 yrs.

Step up your skills with intermediate K-pop choreography! This class hones technique, performance quality, and quick routine pickup. Open to students who've completed one spring session of K-pop Youth or Hip Hop I/II in the past year.

Instructor: Gyabi Tompkins

Beresford Recreation Center

230829-K1	Tue	4:00-5:00pm	\$185	3/10-6/2
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K-Pop Performance: age 13-17 yrs.

Train like an idol in this advanced class! Master complex choreography, stage presence, and team synchronization. This class is open to students who have completed two sessions of K-pop or Hip Hop I/II within the past year.

Instructor: Gyabi Tompkins

Dr. Martin Luther King Jr. Community Center

230828-K1	Mon	6:10-7:10pm	\$152	3/9-6/1
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Hip-Hop II: age 10-17 yrs.

Take your hip hop to the next level with faster combos, sharper moves, and performance-ready routines. For Intermediate/advanced level dancers.

Instructor: Gyabi Tompkins

Beresford Recreation Center

230832-K1	Mon	4:55-5:45pm	\$170	3/9-6/1
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Conditioning: age 12+ yrs.

Build strength, flexibility, and technique through fun exercises and stretches designed to boost your dance performance. Perfect for all levels looking to train, tone, and move with power!

Instructor: Gyabi Tompkins

Dr. Martin Luther King Jr. Community Center

241728-K1	Tue	6:20-7:10pm	\$125	3/10-6/2
241728-K2	Tue	7:15-8:30pm	\$145	3/10-6/2

NEW!

Specialty Dance

Boys Dance: age 7-16 yrs.

For all of you out there who want to move, funk it up and dance! Whether you're new to dance or have some dancing chops, join this great program geared toward boys. We focus on athletizing, fun and games, all set to great music.

Instructor: Kevin Stanford

Dr. Martin Luther King Jr. Community Center

230851-K1	Mon	5:00-5:50pm	\$135	3/9-6/1
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Street Dance: age 7-16 yrs.

Get on your feet and out of your seat -we're dancing in the street! This class is packed with dances from hip hop to hop-scotch and ballet to breakdance, plus loads of fun games that are sure to get you movin'!

Instructor: Kevin Stanford

Dr. Martin Luther King Jr. Community Center

230852-K1	Mon	4:00-4:50pm	\$135	3/9-6/1
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Traditional Irish Dance: age 5-18 yrs.

Dancers will learn basic Irish steps while getting a good foundation in dance training. We will build stamina, develop coordination and balance, all while gaining self-confidence and having FUN! The instructor is registered with the Irish Dancing Commission in Dublin Ireland.

Instructor: Mary-Jo Feeney

Beresford Recreation Center

New Beginners

230860-B1	Thu	4:00-4:45pm	\$365	3/12-6/4
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Beginners-Level 1/2

230860-B2	Thu	4:30-5:15pm	\$365	3/12-6/4
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Novice

230860-B5	Thu	5:15-6:15pm	\$365	3/12-6/4
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Advanced

230860-B4	Thu	5:30-6:30pm	\$365	3/12-6/4
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Mexican Folkloric: age 5-16 yrs.

Celebrate Mexico's colorful and diverse culture through dance. You will learn traditional and modern dances to Mexican music. Please expect to pay an additional amount for appropriate shoes and skirt for this class.

Dr. Martin Luther King Jr. Community Center

Instructor: Karina Vela

Level I: age 5-10 yrs.

230861-K1	Mon	5:10-6:00pm	\$172	3/9-6/1
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Instructor: Martin Cruz

Level II/III: age 7-13 yrs.

230861-K2	Wed	5:10-6:00pm	\$188	3/11-6/3
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Level IV/V: age 11-16 yrs.

230861-K3	Wed	6:10-7:00pm	\$188	3/11-6/3
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Arts & Crafts

Ceramics - Doing Art Together: age 5-11 yrs.

Our Ceramics Doing Art Together class provides the opportunity for a child and caregiver team to work together on hand-built clay projects. You will literally build memories and bring home keepsakes from this fun-for-all class!

Instructor: Meral Agi

Central Park Ceramics Studio

231012-A1	Sun	2:30-4:00pm	\$185	4/26-5/10
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Ceramics - Pottery for Teens: age 12-17 yrs.

Geared for teens, this ceramics course will focus on creativity and having fun! Classes will cover basic techniques of pinch pots and slab building.

Instructor: Meral Agi

Central Park Ceramics Studio

231013-A1	Mon	4:15-5:45pm	\$175	3/30-4/27
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Dragonfly Designs: Sparkle and Shine:

Beginning Jewelry Making: age 7-11 yrs.

Spark your child's confidence through creativity! In this joyful beginner's jewelry making class, young makers will explore vibrant colors, textures, and patterns as they learn foundational beading techniques.

Instructor: Dragonfly Designs Staff

Beresford Recreation Center

231006-A1	Tue	3:30-4:30pm	\$335	3/10-4/14
231006-A2	Tue	3:30-4:30pm	\$335	4/21-5/19



A-Z Creativity: Tiny Treasures: Beads, Charms, and More: age 5-10 yrs.

NEW!

Your child will learn techniques and practice steps of the jewelry design process as they explore with beads, wires, charms, and more to make one-of-a-kind jewelry that is as unique as they are!

Instructor: A-Z Creativity Staff

Beresford Recreation Center

231048-A1	Sat	11:00am-12:00pm	\$155	3/14-4/18
231048-A2	Sat	9:30-10:30am	\$125	4/25-5/16

A-Z Creativity: Sew Simple: Hand Sewing Basics: age 5-10 yrs.

NEW!

Your child will explore a variety of textile art materials, including hand sewing, pattern making, and stuffies to create functional works of art! The open-ended format of this class allows your child's creativity to develop as they ideate and imagine.

Instructor: A-Z Creativity Staff

Beresford Recreation Center

231049-A1	Sat	9:30-10:30am	\$155	3/14-4/18
231049-A2	Sat	11:00am-12:00pm	\$125	4/25-5/16

Music

Introduction to Group Piano: age 7-12 yrs.

Learn to play the keyboard! This course will encourage confidence and enthusiasm in players as they explore their way around the keyboard and learn basic piano techniques, notes reading, and basic theory.

Instructor: Willie Wong

Beresford Recreation Center

230901-A1	Thu	6:00-7:00pm	\$221	4/9-5/28
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Youth Adventures & Learning

Chess Now available at two locations!

Chess Academy: age 5-14 yrs.

Chess Academy provides a strong foundation in the rules and strategies needed to play chess. Our lessons will promote growth and development of skills in concentration, logic, decision-making, and planning. Starters is designed for beginners and Intermediate is for students with previous experience. All participants play in training games with other participants. Fee includes a ribbon award.

Instructor: Chess Academy Staff

Beresford Recreation Center

STARTERS

231166-A1	Thu	3:35-4:30pm	\$185	3/12-4/23
231166-A2	Thu	3:35-4:30pm	\$185	4/30-6/4
231166-A3	Sat	10:05-11:00am	\$185	3/14-4/18
231166-A4	Sat	10:05-11:00am	\$185	4/25-6/6

INTERMEDIATE

231167-A1	Thu	4:35-5:30pm	\$185	3/12-4/23
231167-A2	Thu	4:35-5:30pm	\$185	4/30-6/4
231167-A3	Sat	11:05am-12:00pm	\$185	3/14-4/18
231167-A4	Sat	11:05am-12:00pm	\$185	4/25-6/6

Dr. Martin Luther King Jr. Community Center

STARTERS

231166-B1	Wed	3:05-4:00pm	\$185	3/11-4/22
231166-B2	Wed	3:05-4:00pm	\$185	4/29-6/3

INTERMEDIATE

231167-B3	Wed	4:05-5:00pm	\$185	3/11-4/22
231167-B4	Wed	4:05-5:00pm	\$185	4/29-6/3



Cooking

NEW!

Junior Chef Stars-Whisk Around the World:

age 7-13 yrs.

Whisk Around the World is your child's ticket to a global kitchen adventure! In this flavorful after-school program, your junior chef will "whisk" away to a new country each week, exploring international cuisines through hands-on cooking fun!

Instructor: Junior Chef Stars Staff

Dr. Martin Luther King Jr. Community Center

231134-A1	Wed	4:15-5:30pm	\$314	3/11-4/22
231134-A2	Wed	4:15-5:30pm	\$314	4/29-6/3

STEM

The following STEM classes are offered through **STEMTREE** located at 36 42nd Avenue, San Mateo.

For additional information, contact sanmateoca@stementree.com or call 650.341.9988.

NEW!

Code Explorers: age 6-12 yrs.

Students will create and develop computer games and stories in a fun, engaging, and interactive way! They will combine media elements to create and share their own interactive stories, animations, games, music, and art.

231121-A1	Wed	4:00-5:00pm	\$436	3/11-4/22
231121-A2	Wed	5:00-6:00pm	\$436	3/11-4/22
231121-B1	Wed	4:00-5:00pm	\$436	4/29-6/3
231121-B2	Wed	5:00-6:00pm	\$436	4/29-6/3
231121-C1	Sat	10:30-11:30am	\$436	3/14-4/18
231121-C2	Sat	10:30-11:30am	\$436	4/25-6/6

NEW!

Robot Explorers: age 6-12 yrs.

Robot Explorers uses the wonder and genius of robots to inspire students to learn engineering, apply their knowledge and basic science skills, model construction, program computers, and problem solve using STEM concepts.

231122-A1	Tue	4:00-5:00pm	\$436	3/10-4/21
231122-A2	Tue	5:00-6:00pm	\$436	3/10-4/21
231122-B1	Tue	4:00-5:00pm	\$436	4/28-6/2
231122-B2	Tue	5:00-6:00pm	\$436	4/28-6/2
231122-C1	Sat	11:00am-12:00pm	\$436	3/14-4/18
231122-C2	Sat	11:00am-12:00pm	\$436	4/25-6/6





Get Golf Ready Group Lessons

These four-week programs meet once a week and are designed to progressively get you ready for the game of golf. Participants receive 4 one-hour lessons, a golf shop discount card, and a free bucket of range balls for each week while the clinic is in session. Check our website for schedule and sign-ups.

Get Golf Ready 1 Group Lessons Fee \$125

Get Golf Ready 2 Group Lessons Fee \$150

Includes a certificate for a round of golf at Poplar Creek Golf Course.

Get Golf Ready 3 Group Lessons Fee \$195

Instruction will be on the course and includes green fee, cart fee and clubs if needed.

Are you looking for a place to practice and work on your game? Poplar Creek has an 18-stall driving range with brand new mats, a large practice putting green, and a short game practice area (\$6.00 daily fee applies). Range ball prices range bucket prices are \$5.00 warm-up, \$8.00/small, \$11.00/medium, \$14.00/large.

VIP Membership

Join our VIP program and enjoy a 14-day tee time booking window, discounts on range cards, early access to afternoon rates, free use of the practice chipping green, and more. Please visit our website www.poplarcreekgolf.com for more information and to sign-up.

Golf at Poplar Creek Golf Course

Looking for a place to hold a golf tournament or team building? Give us a call for our special event packages!

**Book your tournament now!
call (650) 522-4653**

Golf at Poplar Creek Golf Course is year round. Warm up on our driving range and get out and play. Private and group lessons are available - learn more by calling (650) 522-7515. Book your tournament now - call (650) 522-4653. Did you know that we provide custom corporate events at Poplar Creek Golf Course? Learn more by calling Dana Banke at (650) 522-7515. Poplar Creek Golf Course Pro Shop carries a large inventory of gear from leading golf manufacturers: Titleist, Callaway, Taylor Made, Foot-Joy, Sun Mountain, Cleveland Golf, Ashworth, Adidas, Bridgestone, ProActive and many others.



The Poplar Creek Golf Academy features outstanding group lessons and private lessons. PLEASE CALL (650) 522-4653 or (650) 522-7515 to get more information and to book your golf lesson. Please refer to www.poplarcreekgolf.com for the dates and times and to sign up for clinics and lessons or call the Golf Shop at (650) 522-4653.

For Green Fees & Reservations:

www.poplarcreekgolf.com or (650) 522-4653

Pro Shop	(650) 522-4653
Dana Banke, Head Golf Professional	(650) 522-7515
Administration	(650) 522-7510

GREEN FEES (effective 7/1/2025)

Weekdays (Mon-Fri)	Fee
General	\$45
SM Resident (with Resident Card)	\$40
Twilight	\$34
Super Twilight	\$24
Early AM Back 9 (1st Hour)	\$27
Senior Resident (60 & over)	\$34
Junior (17 & under)	\$17
10 Play – Senior General	\$340/card
	\$34/round
10 Play – Senior SM Resident	\$290/card
	\$29/round
Weekends & Holidays	Fee
General	\$62
SM Resident (with Resident Card)	\$54
Twilight	\$42
Super Twilight	\$32
Early AM Back 9 (1st Hour)	\$31
Junior (after 2:00 PM)	\$22

Adult Sports

ADULT 18+ OPEN GYM

AT THE DR. MARTIN LUTHER KING JR. COMMUNITY CENTER 725 MONTE DIABLO AVE, SAN MATEO, CA 94401

MARCH 9, 2026 - JUNE 5, 2026

PICKLEBALL	9 AM - 1 PM	TUESDAY
BASKETBALL	9 AM - 1 PM	WEDNESDAY
VOLLEYBALL	9 AM - 1 PM	THURSDAY

MARCH 30, 2026 - JUNE 5, 2026

VOLLEYBALL	6:30 PM 8:30 PM	MONDAY WEDNESDAY
BASKETBALL	6:30 PM 8:30 PM	TUESDAY THURSDAY

NEW!

The following Mad Dog Sport Vision Acuity classes are taught by International Certified Master Luis Rosario and are held at the Central Park Recreation Center.

For additional information, please email lrosario@kickssm.com or visit www.kickssm.com

Mad Dog Sport Vision Acuity: Adults

Develop reflexes like the PROS! You will see sooner, your hands, body, and mind will respond quicker, you'll process options faster and reduce your overall reaction time for that winning edge! Whether you participate in baseball, basketball, football, tennis, MMA, martial arts, or boxing, you'll react like a Mad Dog!

241225-A1	Mon	6:30-7:00pm	\$159	3/9-4/13
241225-B1	Mon	6:30-7:00pm	\$159	4/20-6/1
241225-A2	Wed	6:30-7:00pm	\$159	3/11-4/15
241225-B2	Wed	6:30-7:00pm	\$185	4/22-6/3
241225-A3	Fri	6:30-7:00pm	\$134	3/13-4/17
241225-B3	Fri	6:30-7:00pm	\$159	4/24-6/5
241225-A4	Mon/Wed	6:30-7:00pm	\$279	3/9-4/15
241225-B4	Mon/Wed	6:30-7:00pm	\$302	4/20-6/3
241225-A5	Mon/Fri	6:30-7:00pm	\$256	3/9-4/17
241225-B5	Mon/Fri	6:30-7:00pm	\$279	4/20-6/5
241225-A6	Wed/Fri	6:30-7:00pm	\$256	3/11-4/17
241225-B6	Wed/Fri	6:30-7:00pm	\$302	4/22-6/5
241225-A7	Mon/Wed/Fri	6:30-7:00pm	\$396	3/9-4/17
241225-B7	Mon/Wed/Fri	6:30-7:00pm	\$385	4/20-6/5

Martial Arts

TAEKWONDO OLYMPIC SPARRING/SELF-DEFENSE

The following Olympic Taekwondo classes are taught by International Certified Master Luis Rosario and are held at the Central Park Recreation Center. See receipt confirmation for uniform and belt-level test fees. For additional information, please email lrosario@kickssm.com or visit www.kickssm.com

Students will have fun and improve strength, speed, agility, overall acuity, and fitness while developing and/or improving motor and self-defense skills. This class uses Kukkiwon, World Taekwondo/Olympic training drills and techniques, including flag-tag, Mad Dog Visual Acuity System, SAQ, in a safety-first environment.

Adults

242810-A1	Mon	7:00-8:00pm	\$189	3/9-4/13
242810-B1	Mon	7:00-8:00pm	\$189	4/20-6/1
242810-A2	Wed	7:00-8:00pm	\$189	3/11-4/15
242810-B2	Wed	7:00-8:00pm	\$221	4/22-6/3
242810-A3	Fri	7:00-8:00pm	\$159	3/13-4/17
242810-B3	Fri	7:00-8:00pm	\$189	4/24-6/5
242810-A4	Mon/Wed	7:00-8:00pm	\$339	3/9-4/15
242810-B4	Mon/Wed	7:00-8:00pm	\$368	4/20-6/3
242810-A5	Mon/Fri	7:00-8:00pm	\$312	3/9-4/17
242810-B5	Mon/Fri	7:00-8:00pm	\$339	4/20-6/5
242810-A6	Wed/Fri	7:00-8:00pm	\$312	3/11-4/17
242810-B6	Wed/Fri	7:00-8:00pm	\$368	4/22-6/5
242810-A7	Mon/Wed/Fri	7:00-8:00pm	\$431	3/9-4/17
242810-B7	Mon/Wed/Fri	7:00-8:00pm	\$481	4/20-6/5

San Mateo High School Open Gym age 18+ yrs.

The open gym schedule is subject to change due to potential conflicts with San Mateo High School sports. Please be advised that open gym pickleball does not allow in-and-out privileges. Once the drop-in fee has been paid, players who leave the facility, except for brief trips to their vehicle, will be required to pay the fee again upon re-entry. Thank you for your cooperation in helping us maintain a fair and consistent experience for all participants.

\$5.00 per session 10:00am-3:00pm

Pickleball Open Gym: Sundays, 10:00am-3:00pm

Join us every Sunday from 10:00 a.m. to 3:00 p.m. for open gym pickleball at San Mateo High School Gym (506 N. Delaware Street, San Mateo, CA 94401). Adults (18+) are welcome to drop in and enjoy friendly games with the community. Come play, meet other pickleball enthusiasts, and have some fun on the courts! If you wish to receive the pickleball newsletter, please email pickleball@cityofsanmateo.org.

San Mateo High School Gym Rentals

If you would like more information in regards to renting the San Mateo High School Gym for volleyball, basketball, badminton, corporate events, etc. please contact Sukh Thind, (650) 522-7436, sthind@cityofsanmateo.org.

Tennis

The following programs are offered by Todd Dissly Athletics. For additional information, email Director, Paul Lin, at paul@sanmateotennis.net or call (650) 743-1382. For weather updates: www.threads.net/@sanmateotp

Adult Beginning Tennis 1

This class is designed for anyone who's ready to take advantage of the new teaching technique. You will be able to rally with a partner within an hour of the first class. To progress to Beginning Tennis 2, you need to develop ball-reading/tracking skills and coordinate your body to allow smooth racquet swinging.

Central Park Tennis Courts

241212-C1	Mon	8:00-8:55pm	\$191	3/16-4/20
241212-C3	Wed	6:30-7:25pm	\$191	3/18-4/22
241212-C5	Sat	11:00-11:55pm	\$191	3/21-4/25
241212-C2	Mon	8:00-8:55pm	\$160	4/27-6/1
241212-C4	Wed	6:30-7:25pm	\$191	4/29-6/3
241212-C6	Sat	11:00-11:55pm	\$160	5/2-6/6

Adult Beginning Tennis 2

Beginning Tennis 2 classes are for players who can already load in time and hit with fluid follow-through. All basic shots will be introduced to prepare you for match play. To progress to Intermediate Tennis 1, you need to demonstrate accurate ball reading, adequate footwork, and consistent rally from the baseline.

Beresford Park Tennis Courts

241213-B1	Mon	8:00-8:55pm	\$233	3/16-4/20
241213-B2	Mon	8:00-8:55pm	\$195	4/27-6/1

Central Park Tennis Courts

241213-C1	Mon	7:00-7:55pm	\$191	3/16-4/20
241213-C2	Mon	7:00-7:55pm	\$160	4/27-6/1
241213-C3	Thu	6:30-7:25pm	\$191	3/19-4/23
241213-C4	Thu	6:30-7:25pm	\$191	4/30-6/4
241213-C5	Fri	10:00-10:55am	\$191	3/20-4/24
241213-C6	Fri	10:00-10:55am	\$191	5/1-6/5

Los Prados Park Tennis Courts

241213-LP1	Sun	9:00-9:55am	\$185	3/15-4/19
241213-LP2	Sun	9:00-9:55am	\$149	4/26-5/31



Adult Intermediate Tennis 1

In Intermediate Tennis 1, lessons are fast paced, but we will still review the previous lesson's instruction. The goal of each lesson segment is to introduce one or more skills necessary to play tennis at a higher level. Instructor approval is required.

Beresford Park Tennis Courts

241214-B1	Mon	7:00-7:55pm	\$233	3/16-4/20
241214-B2	Mon	7:00-7:55pm	\$195	4/27-6/1
241214-B3	Thu	8:00-8:55pm	\$233	3/19-4/23
241214-B4	Thu	8:00-8:55pm	\$233	4/30-6/4

Central Park Tennis Courts

241214-C3	Wed	7:30-8:25pm	\$191	3/18-4/22
241214-C4	Wed	7:30-8:25pm	\$191	4/29-6/3
241214-C5	Thu	7:30-8:55pm	\$269	3/19-4/23
241214-C6	Thu	7:30-8:55pm	\$269	4/30-6/4
241214-C7	Fri	11:00-11:55am	\$191	3/20-4/24
241214-C9	Fri	6:30-7:25pm	\$191	3/20-4/24
241214-C8	Fri	11:00-11:55am	\$191	5/1-6/5
241214-C10	Fri	6:30-7:25pm	\$191	5/1-6/5

Los Prados Park Tennis Courts

241214-C1	Sun	10:00-10:55am	\$185	3/15-4/19
241214-C2	Sun	10:00-10:55am	\$149	4/26-5/31

Adult Intermediate Tennis 2

Intermediate Tennis 2 is perfect for players who are starting to develop topspin groundstroke and spin serves. Singles and/or doubles point play will be crucial to gauge your understanding of tactics. Prerequisite: Solid rally with both pace and control from the baseline.

Beresford Park Tennis Courts

241215-B1	Wed	6:30-7:25pm	\$191	3/18-4/22
241215-B2	Wed	6:30-7:25pm	\$191	4/29-6/3
241215-B3	Thu	7:00-7:55pm	\$233	3/19-4/23
241215-B4	Thu	7:00-7:55pm	\$233	4/30-6/4

Central Park Tennis Courts

241215-C1	Sun	9:00-9:55am	\$175	3/15-4/19
241215-C2	Sun	9:00-9:55am	\$141	4/26-5/31
241215-C3	Mon	10:00-11:25am	\$269	3/16-4/20
241215-C4	Mon	10:00-11:25am	\$225	4/27-6/1
241215-C5	Tue	7:00-8:25pm	\$269	3/17-4/21
241215-C6	Tue	7:00-8:25pm	\$269	4/28-6/2

Adult Intermediate Tennis 3

Intermediate Tennis 3 is for players with an aggressive serve, consistent topspin groundstroke, and solid volley technique. To progress to Advanced level, you need to demonstrate a well-rounded game with reliable skills to win points. Prerequisite: Solid game with excellent footwork both at net and from the baseline.

Beresford Park Tennis Courts

241217-B1	Wed	7:30-8:25pm	\$191	3/18-4/22
241217-B2	Wed	7:30-8:25pm	\$191	4/29-6/3

Central Park Tennis Courts

241217-C1	Sun	10:00-10:55am	\$175	3/15-4/19
241217-C2	Sun	10:00-10:55am	\$141	4/26-5/31

Adult Sports/Cooking

Pickleball

The following programs are offered by Todd Dissly Athletics. For additional information, email Director, Paul Lin, at paul@sanmateotennis.net or call (650) 743-1382. For weather updates: www.threads.net/@sanmateotp

Pickleball Practice & Play

Be a part of the fastest growing sport in the U.S. Learn key skills and start playing the game at your first lesson. Beginner classes require no previous experience. Intermediate classes are suited for players with previous experience or approved by instructors from Beginner classes.

BEGINNER 1

Central Park Tennis Courts

241221-C1	Tue	10:00-10:55am	\$191	3/17-4/21
241221-C11	Sun	2:00-2:55pm	\$175	3/15-4/19
241221-C12	Sun	2:00-2:55pm	\$141	4/26-5/31
241221-C2	Tue	10:00-10:55am	\$191	4/28-6/2
241221-C5	Fri	10:00-10:55am	\$191	3/20-4/24
241221-C6	Fri	10:00-10:55am	\$191	5/1-6/5
241221-C7	Fri	7:30-8:25pm	\$191	3/20-4/24
241221-C8	Fri	7:30-8:25pm	\$191	5/1-6/5

Shoreview Park Tennis Courts

241221-SV1	Mon	7:00-7:55pm	\$191	3/16-4/20
241221-SV2	Mon	7:00-7:55pm	\$160	4/27-6/1
241221-SV3	Thu	7:00-7:55pm	\$191	3/19-4/23
241221-SV4	Thu	7:00-7:55pm	\$191	4/30-6/4
241221-C9	Sat	10:00-10:55am	\$191	3/21-4/25

BEGINNER 2- BEGINNER 1 OR EQUIVALENT EXPERIENCE REQUIRED

Central Park Tennis Courts

241224-C1	Tue	11:00-11:55am	\$191	3/17-4/21
241224-C2	Tue	11:00-11:55am	\$191	4/28-6/2
241224-C3	Fri	11:00-11:55am	\$191	3/20-4/24
241224-C4	Fri	11:00-11:55am	\$191	5/1-6/5

Shoreview Park Tennis Courts

241224-SV1	Mon	8:00-8:55pm	\$191	3/16-4/20
241224-SV2	Mon	8:00-8:55pm	\$160	4/27-6/1
241224-SV3	Tue	7:00-7:55pm	\$191	3/17-4/21
241224-SV4	Tue	7:00-7:55pm	\$191	4/28-6/2
241224-SV5	Thu	8:00-8:55pm	\$191	3/19-4/23
241224-SV6	Thu	8:00-8:55pm	\$191	4/30-6/4
241224-C5	Fri	6:30-7:25pm	\$191	3/20-4/24
241224-C6	Fri	6:30-7:25pm	\$191	5/1-6/5
241224-SV7	Sat	11:00-11:55am	\$191	3/21-4/25
241224-SV8	Sat	11:00-11:55am	\$160	5/2-6/6

INTERMEDIATE - PRIOR PICKLE BALL EXPERIENCE REQUIRED

Central Park Tennis Courts

241222-C1	Sun	3:00-3:55pm	\$175	3/15-4/19
241222-C2	Sun	3:00-3:55pm	\$141	4/26-5/31
241222-C3	Wed	7:30-8:25pm	\$191	3/18-4/22
241222-C4	Wed	7:30-8:25pm	\$191	4/29-6/3

Shoreview Park Tennis Courts

241222-SV1	Tue	8:00-8:55pm	\$191	3/17-4/21
241222-SV2	Tue	8:00-8:55pm	\$191	4/28-6/2

Cooking

The following cooking classes are offered by Junior Chef Stars and are taught by Junior Chef Stars staff.

NEW!

Irish Pub Night

Pull up a stool - the pub is calling! Join us for a spirited evening of hearty flavors, cozy vibes, and classic Irish fare in this hands-on adult cooking class inspired by the warmth of a traditional Irish pub. Whether you're celebrating Irish heritage or simply love a savory bite, this class is the perfect blend of comfort food and culinary fun!

Dr. Martin Luther King Jr. Community Center

241945-A1	Thu	6:00-8:00pm	\$108	3/12
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NEW!

Southern Comfort

Come hungry - we're heading down South! This will be an unforgettable evening of Southern hospitality and soul-satisfying comfort food. In this hands-on cooking class, we'll explore classic dishes from the American South, rich with tradition, bold flavors, and the kind of cooking that brings people together.

Dr. Martin Luther King Jr. Community Center

241946-A1	Thu	6:00-8:00pm	\$108	4/9
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NEW!

Tropical Escape

If you're ready to cook your way to paradise, let the island vibes lead the way! Escape the ordinary and dive into the bold, bright, and sun-soaked flavors of the tropics. In this hands-on adult cooking class, we'll explore vibrant dishes inspired by Caribbean, Hawaiian, and Southeast Asian cuisines - perfect for warm weather and vacation cravings.

Dr. Martin Luther King Jr. Community Center

241947-A1	Thu	6:00-8:00pm	\$108	5/14
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ADULT WINTER DANCE & FITNESS PROGRAM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Strength & Resistance 9:00-10:00am BRC	Cardio Strength 9:00-10:00am BRC & ZOOM	Strength/Resistance 9:00-10:00am BRC	Zumba® Gold 9:00-9:50am BRC	Strength/Resistance 9:00-10:00am BRC	Cardio Kickboxing 9:15-10:15am BRC
Zumba® 9:30-10:30am BRC	Cardio Strength 50+ 10:00-11:00am SC	Cardio Blast & Toning 9:00-10:00am BRC & ZOOM	Cardio Strength 50+ 10:00-11:00am SC	Cardio Strength 50+ 10:00-11:00am SC	Zumba® 10:30-11:30am BRC
Staying Fit-Arthritis 10:00-11:00am SC	Strength Training 10:15-11:15am BRC	Pilates Mat 10:00-11:00am ZOOM	Strength/Posture 10:15-11:15am BRC	Pilates Mat Strength 10:00-11:00am BRC & ZOOM	
Pilates Mat 10:00-11:00am ZOOM	Gentle Aerobics 10:15-11:15am MLK	Staying Fit-Arthritis 10:00-11:00am SC	Gentle Aerobics 10:15-11:15am MLK	Cardio Dance 10:15-11:15am BRC	
Cardio Dance 10:15-11:15am BRC	Chair Yoga 12:30-1:30pm BRC & ZOOM	Yoga Flow 10:15-11:15am BRC	Chair Yoga 12:30-1:30pm BRC & ZOOM	Zumba® Toning 12:00-1:00pm BRC	
American Line Dance 1:30-2:30pm SC	K-Pop II 5:15-6:15pm MLK	Cardio Dance 10:15-11:15am BRC	Qigong 1:00-2:00pm SC	Ballet Teen/Adult 6:15-7:30pm BRC & ZOOM	
Music & Motion 2:30-3:30pm SC	Yoga 1 6:00-7:00pm ZOOM	Outdoor Yoga 11:00am-12:00pm LWP	Yoga 1 5:15-6:15pm SC		
Cardio Strength 6:00-7:00pm BRC	Tai Chi-Beginning 6:00-7:00pm SC	Int/Adv Jazz 11:45am-12:50pm BRC	Zumba® 5:30-6:30pm BRC		
Zumba® 6:30-7:30pm SMHS & MLK	Zumba® 6:15-7:15pm BRC	Strength/Posture 12:15-1:15pm BRC	Zumba® 6:30-7:30pm MLK		
Tap II 6:30-7:30pm BRC	Conditioning 6:20-7:10pm MLK	Staying Fit-Arthritis 1:00-2:00pm SC	CIRCL Mobility™ 6:30-7:00pm BRC		
K-Pop I 7:15-8:30pm MLK	Piloxing 6:30-7:30pm SMHS	Gentle Yoga 5:05-6:20pm SC	Hula - Introduction 6:30-7:30pm SC		
Tap I 7:45-8:45pm BRC	Yoga Fusion 6:30-7:30pm BRC	Zumba® Toning 6:30-7:30pm BRC	Belly Dance I 6:45-7:45pm SMHS		
	Tai Chi-Intermediate 7:15-8:30pm SC	Yoga 1 6:30-7:45pm SC	Hula - Intermediate 7:30-8:30pm SC		
	Conditioning 7:15-8:30pm MLK	Line Dance Beg. 6:30-7:30pm BRC	Belly Dance II 7:50-8:50pm SMHS		
	Intro to Tap 7:45-8:45pm BRC	Mexican Folkloric 7:00-8:00pm MLK			
	Argentine Tango Level I-7:30-8:20pm Level II-8:30-9:20pm BRC	Line Dance Next Level 7:30-8:30pm BRC			

BBK = Broadway Babies & Kids
BP = Beresford Park
BRC = Beresford Recreation Center
LWP = Laurelwood Park
MLK = Dr. Martin Luther King Jr.
 Community Center
SMHS = San Mateo High School
SC = Senior Center
ZOOM = Virtual Class via Zoom

Questions? Call (650) 522-7440 for more information.

Check your confirmation receipt for class requirements; for most classes bring water and a mat.

Adult Fitness

Cardio

Zumba®

Zumba® is a Latin-inspired dance and fitness workout. The class format combines fast and slow rhythms that tone and sculpt the body. The cardio-based dance movements are easy to follow and designed for everyone. Our instructors are Zumba® certified.

Instructor: Shoko Boyd

San Mateo High School, Dance Studio, 506 N. Delaware St. (inside gym)

241502-B5	Mon	6:30-7:30pm	\$205	3/9-5/18
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Instructor: Gaby Torres

Beresford Recreation Center

241502-B2	Mon	9:30-10:30am	\$205	3/9-6/1
241502-B1	Tue	6:15-7:15pm	\$222	3/10-6/2
241502-S1	Sat	10:30-11:30am	\$205	3/14-6/6

Dr. Martin Luther King Jr. Community Center

241502-K1	Mon	6:30-7:30pm	\$205	3/9-6/1
241502-K2	Thu	6:30-7:30pm	\$205	3/12-6/4

Instructor: Kalina Kotseva

Beresford Recreation Center

241502-B7	Thu	5:30-6:30pm	\$225	3/12-6/4
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Zumba® Gold

Zumba® is a Latin-inspired dance and fitness workout led by certified instructors. Zumba Gold offers the same fun moves you love, modified for active older adults at a lower intensity.

Instructor: Gaby Torres

Beresford Recreation Center

241545-B1	Thu	9:00-9:50am	\$222	3/12-6/4
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Cardio Kickboxing

Get your heart pumping with this stress-relieving class! Enjoy lively punch and kick combinations set to upbeat music, along with core exercises offered with options so you can choose the level that's right for you. Everyone is welcome.

Instructor: Mary Brinig

Beresford Recreation Center

241535-H1	Sat	9:15-10:15am	\$133	3/14-6/6
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Cardio Dance

Cardio Dance is a high-intensity whole body dance workout that combines Jazz, Latin, Hip Hop and Pop Dance moves as well as balance, flexibility, and strength. The instructor is certified by the American College of Sports Medicine (ACSM).

Instructor: Patti Michelsen

Beresford Recreation Center

241536-B1	Mon	10:15-11:15am	\$145	3/9-6/1
241536-B2	Wed	10:15-11:15am	\$157	3/11-6/3
241536-B3	Fri	10:15-11:15am	\$157	3/13-6/5

Cardio/Strength & Stretch for 50+

This is a low-impact class combining a cardio warm-up, followed by strength training using weights/elastic bands for flexibility, stretching, and abdominal work which can be done on the floor or seated in a chair.

Instructor: Mary Furuta

Senior Center

241537-S2	Tue	10:00-11:00am	\$178	3/10-6/2
241537-S3	Thu	10:00-11:00am	\$165	3/12-6/4
241537-S1	Fri	10:00-11:00am	\$178	3/13-6/5

Cardio Blast & Toning

Gain the benefits of cardio, muscle toning, and core strengthening! Boost your metabolism, strength and mobility and end the class feeling energized! All levels are welcome.

Instructor: Rhonda Fitzpatrick

Beresford Recreation Center

241538-S2	Wed	9:00-10:00am	\$125	3/11-5/27
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Virtual Program (Hosted via Zoom)

241538-S3	Wed	9:00-10:00am	\$125	3/11-5/27
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Strength

Strength & Resistance Training

This class is designed to strengthen and tone muscle groups while improving balance, mobility, and bone strength. Proper form and body mechanics will be taught. Equipment is provided. The instructor is certified by the American College of Sports Medicine (ACSM). All levels are welcome.

Instructor: Patti Michelsen

Beresford Recreation Center

241540-B1	Mon	9:00-10:00am	\$135	3/9-6/1
241540-B2	Wed	9:00-10:00am	\$146	3/11-6/3
241540-B3	Fri	9:00-10:00am	\$146	3/13-6/5

Strength Training/Posture Power

The loss of muscle that occurs with age is reversible! Regain strength and freedom of movement while increasing your metabolism. Balance and correct posture are emphasized. Free weights and chairs are provided.

Instructor: Jill Daly

Beresford Recreation Center

241542-B1	Wed	12:15-1:15pm	\$113	3/11-6/3
241542-B2	Thu	10:15-11:15am	\$113	3/12-6/4

Strength Training/Healthy Living

Gain strength, mobility, and balance while building stronger bones. We will focus on functional movement and alignment in both seated and standing exercises, supported by music to inspire your workout. All levels are welcome, and modifications are provided.

Instructor: Mae Chesney

Beresford Recreation Center

241543-B1	Tue	10:15-11:15am	\$115	3/24-6/2
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Cardio/Strength & Stretch

Get it ALL in one class in this great workout that incorporates cardio and strength training. Boost your metabolism, stamina, and endurance! Finish with stretching and lengthening of the muscles leaving you feeling energized throughout the rest of your day.

Instructor: Mary Brinig
Beresford Recreation Center

241546-B2	Mon	6:00-7:00pm	\$133	3/9-6/1
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Instructor: Rhonda Fitzpatrick
Beresford Recreation Center

241546-B4	Tue	9:00-10:00am	\$125	3/10-5/26
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Virtual Program (Hosted via Zoom)

241546-B3	Tue	9:00-10:00am	\$125	3/10-5/26
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Zumba® Toning

Zumba® Toning blends body sculpting and Zumba® moves into one calorie-burning class. Learn how to use weights to enhance rhythm, build strength, and tone all the target areas.

Instructor: Gaby Torres
Beresford Recreation Center

241544-H1	Wed	6:30-7:30pm	\$222	3/11-6/3
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241544-H2	Fri	12:00-1:00pm	\$172	3/13-5/15
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Specialty Fitness

Yoga Fusion

Yoga Fusion blends strength training, dance, and yoga. Pairing Yoga with other disciplines lets you burn more calories than yoga alone, while still getting the benefits of this ancient practice.

Instructor: Donna Lanam
Beresford Recreation Center

241553-B1	Tue	6:30-7:30pm	\$185	3/10-5/26
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Piloxing

Piloxing combines the power, speed and agility of boxing with the sculpting and flexibility of Pilates. Class exercises will incorporate the use of weighted gloves (available for purchase from the instructor) which add to the workout by toning the arms and maximizing cardiovascular health.

Instructor: Shoko Boyd
San Mateo High School, Dance Studio, 506 N. Delaware St. (inside gym)

241554-H1	Tue	6:30-7:30pm	\$205	3/10-5/19
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Gentle Aerobics: age 55+ yrs.

Join our low-impact aerobic workout to challenge your cardiorespiratory system.

Instructor: Peninsula Family YMCA Staff
Dr. Martin Luther King Jr. Community Center

242529-A1	Tue	10:15-11:15am	FREE	3/10-6/2
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242529-A2	Thu	10:15-11:15am	FREE	3/12-6/4
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* This class is FREE thanks to funding from the North Central Koshland Fellows.

Women's Self Defense

The City of San Mateo is committed to helping our community feel confident in situations they may face where the need to defend themselves may occur. During this four-hour workshop, San Mateo Police Officers will go over the 4 A's: Attitude, Awareness, Assessment, & Action. Students will learn basic self-defense moves, about environmental awareness, and the how & why assailants strike. This event is a co-sponsorship between the San Mateo Police.

Instructor: City Staff

San Mateo Police Department – Classroom, 200 Franklin Parkway, San Mateo

241576-A1	Tue	10:00am-2:00pm	\$50	4/21
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Yoga I

Feel renewed, centered, and enriched by this comprehensive Hatha Yoga class. A steady flow of relaxation between asanas is offered with guided instruction throughout. Beginners and intermediate students welcome.

Instructor: Adriana Buenaventura

Senior Center

241601-B1	Wed	6:30-7:45pm	\$209	3/11-6/3
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Instructor: Peggy Guaraldi

Virtual Program (Hosted via Zoom)

241601-S1	Tue	6:00-7:00pm	\$188	3/17-6/2
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Senior Center

241601-S2	Thu	5:15-6:15pm	\$188	3/19-6/4
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Gentle Yoga

Receive the benefits of relaxation, flexibility and recovery with this slow-paced class for all ages and levels. Gentle movements, breathing exercises, and relaxation tools will allow you to loosen tight muscles, relax your mind, improve balance and build healthy tissues in your body. Most of the postures are done seated on the floor.

Instructor: Adriana Buenaventura

Senior Center

241607-B1	Wed	5:05-6:20pm	\$209	3/11-6/3
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Yoga Flow

This flowing Vinyasa class blends breath and movement to increase mobility, flexibility, and balance. With clear guidance you will move mindfully on and off the mat, explore variations, and leave feeling centered and refreshed.

Instructor: Rhonda Fitzpatrick

Beresford Recreation Center

241604-B1	Wed	10:15-11:15am	\$165	3/11-5/27
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Adult Movement Awareness

Chair Yoga

Designed to deepen connection with your body and breath while exploring simple Yoga poses using a chair for support. Improve your strength, flexibility, and balance while cultivating greater ease. Leave class feeling more grounded and revitalized!

Instructor: Mae Chesney

Beresford Recreation Center

241605-S3	Tue	12:30-1:30pm	\$126	3/24-6/2
241605-S4	Thu	12:30-1:30pm	\$126	3/26-6/4

Virtual Program (Hosted via Zoom)

241605-S1	Tue	12:30-1:30pm	\$126	3/24-6/2
241605-S2	Thu	12:30-1:30pm	\$126	3/26-6/4

Outdoor Yoga

Practicing yoga outdoors just feels natural! Enjoy the fresh air, uplifting music, good company, and the soothing benefits of stretching. All levels are welcome.

Instructor: Donna Laham

Laurelwood Park

241606-C1	Wed	11:00am-12:00pm	\$185	3/11-5/27
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CIRCL Mobility™

A low intensity stretching class that focuses on flexibility, breathwork, and mobility exercises to help you move better and longer. Set to a soundtrack of healing tones and sound frequencies to help your mind focus and release stress.

Instructor: Kalina Kotseva

Beresford Recreation Center

241608-A1	Thu	6:30-7:00pm	\$205	3/12-6/4
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Staying Fit with Arthritis

Through a combination of slow movements to loosen up stiff joints, strengthen muscles, and increase flexibility, this low-impact intensity workout will improve endurance and balance. All the exercises can be performed seated or standing.

Instructor: Mary Furuta

Senior Center

241632-B2	Mon	10:00-11:00am	\$165	3/9-6/1
241632-B5	Wed	10:00-11:00am	\$178	3/11-6/3
241632-B4	Wed	1:00-2:00pm	\$178	3/11-6/3

Pilates Mat: Strong & Flexible

Build strength, flexibility, endurance, and balance while working all the major muscle groups in this multi-level class. We welcome all, from beginning students to those with Pilates experience. This class offers variations to add challenge as well as modifications to make the movements more accessible.

Instructor: Kim Moore

Virtual Program (Hosted via Zoom)

241620-S1	Mon	10:00-11:00am	\$95	3/9-5/4
241620-S2	Wed	10:00-11:00am	\$95	3/11-5/6

Pilates Mat & Strengthening

Build abdominal/core strength and increase balance and flexibility in this class which is designed to help people of all ages and fitness levels improve their posture, mobility, and body awareness.

Instructor: Rhonda Fitzpatrick

Beresford Recreation Center

241621-S2	Fri	10:00-11:00am	\$133	3/13-5/22
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Virtual Program (Hosted via Zoom)

241621-S1	Fri	10:00-11:00am	\$133	3/13-5/22
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Qigong

Qigong literally means "practice of vital energy". Practice a series of gentle spiral movements that help to open all the major joints in the body and increase internal energy flow, promoting better flexibility and mobility while reducing tension and strain.

Instructor: Kathleen McCarty

Senior Center

241635-B1	Thu	1:00-2:00pm	\$155	3/26-5/14
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Tai Chi Series

Chen Taiji form is the ancestor of all Tai Chi styles. This class emphasizes the basic Taiji foundation, silk-reeling exercises, and Qigong. The lessons are designed to encourage life-long physical wellness, mind-body connection, stress reduction and better joint mobility. Movements can be performed slowly and gently, or faster and more powerful for fitness and self-defense applications.

Tai Chi-Intermediate will cover the entire Tai Chi First Form with martial arts applications and Tai Chi principles. Health benefits from practicing may include improving lifelong physical wellness, immune system, joint mobility and much more.

Instructor: Loren Chin

Senior Center

BEGINNER

241633-S1	Tue	6:00-7:00pm	\$180	3/10-6/2
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INTERMEDIATE

241636-S2	Tue	7:15-8:30pm	\$197	3/10-6/2
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Ballet Teen/Adult: Mixed Levels: age 12+ yrs.

Our mixed level, traditional ballet class is for experienced and new ballet dancers. The instructor dances professionally and has over 20 years of experience. She emphasizes good technique and posture to prevent injury and build strength while making classes fun.

Instructor: Kristine Chambers

Beresford Recreation Center

241701-H2	Fri	6:15-7:30pm	\$205	3/27-6/5
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Virtual Program (Hosted via Zoom)

241701-H1	Fri	6:15-7:30pm	\$205	3/27-6/5
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Tap Series

Intro to Tap is for the absolute beginner with little to no tap experience. **Tap I** builds on your technical skills and includes longer combinations. **Tap II** is for the dancer with several years of experience who is ready for more.

Instructor: Melissa Cheu

Beresford Recreation Center

INTRO TO TAP

241711-B1	Tue	7:45-8:45pm	\$155	3/10-6/2
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TAP I

241712-H1	Mon	7:45-8:45pm	\$155	3/9-6/1
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TAP II

241713-H2	Mon	6:30-7:30pm	\$155	3/9-6/1
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Intermediate/Advanced Jazz

Intermediate to advanced jazz dance class featuring warm-ups, jazz technique, and a strong focus on choreography. Prior dance experience is required for this fast-paced session.

Instructor: Patti Michelsen

Beresford Recreation Center

241719-B1	Wed	11:45am-12:50pm	\$188	3/11-5/20
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K-Pop Series

K-Pop I brings the performance and choreography quality of Korean pop icons to our dance program. **K-Pop II** introduces more intricate performance styles of your favorite K-Pop idols. With a twist of Korean Pop Culture/Language thrown in. You'll learn the styles of Seventeen, BTS, Wonder Girls, and much more.

Instructor: Gyabi Tompkins

Dr. Martin Luther King Jr. Community Center

LEVEL I

241722-K1	Mon	7:15-8:30pm	\$152	3/9-6/1
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LEVEL II

241723-K1	Tue	5:15-6:15pm	\$185	3/10-6/2
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Conditioning age 12+ yrs.

Build strength, flexibility, and technique through fun exercises and stretches designed to boost your dance performance. Perfect for all levels looking to train, tone, and move with power!

Instructor: Gyabi Tompkins

Dr. Martin Luther King Jr. Community Center

241728-K1	Tue	6:20-7:10pm	\$125	3/10-6/2
241728-K2	Tue	7:15-8:30pm	\$145	3/10-6/2

Belly Dance Series

Experience this joyful cultural dance tradition. Our **Level I** class consists of gracefully stretching and strengthening while learning basic steps, movements and expression. No experience necessary. All are welcome! The **Level II** class builds and enhances your Belly Dance knowledge! Learn advanced steps, choreography, graceful arms and expressive performance skills. Prior Belly Dance experience/teacher approval required. Practice videos provided for both classes. More info here: <http://www.bellydancer.net>.

Instructor: Malia DeFelice

San Mateo High School, Dance Studio, 506 N. Delaware St. (inside gym)

LEVEL I

241730-H1	Thu	6:45-7:45pm	\$110	3/26-5/21
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LEVEL II

241731-H1	Thu	7:50-8:50pm	\$110	3/26-5/21
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Hula Series

Immerse yourself in Hawaiian culture by learning the language of the heart. Hula is a fun, easy way to exercise your body and mind while enjoying the relaxing rhythms of the islands. Come join us for a rich cultural experience.

Instructor: Valentina Linsangan

Senior Center

BEGINNER

241733-S1	Thu	6:30-7:30pm	\$213	4/2-6/4
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INTERMEDIATE

241734-S1	Thu	7:30-8:30pm	\$213	4/2-6/4
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Mexican Folkloric Dance

Learn the fun and traditional dances of Mexico in our Mexican Folkloric Dance class! Join us to experience another culture through dance while getting great exercise. No previous dance experience is required.

Instructor: Martin Cruz

Dr. Martin Luther King Jr. Community Center

241735-K1	Wed	7:00-8:00pm	\$188	3/11-6/3
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Adult Dance/Art & Crafts

Line Dance Series

Have fun while learning line dance moves to a variety of music genres. Classes build on previous weeks. In **Next Level**, raise your dancing skills and learn dances that are popular at local line dance socials. Previous experience is recommended. Sign up for **Line Dance Combo** to gain access to both Beginning and Next Level line dance classes at a 10% discount!

Instructor: Cathy Dacumos

Beresford Recreation Center

BEGINNING

241740-B1	Wed	6:30-7:30pm	\$85	3/11-5/27
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NEXT LEVEL *Prior Line Dancing experience recommended.*

241741-B1	Wed	7:30-8:30pm	\$85	3/11-5/27
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COMBO - 10% DISCOUNT

241742-B1	Wed	6:30-8:30pm	\$149	3/11-5/27
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American Line Dancing

Get lively, move with confidence, and stay fit in this FUN in-person class. Learn various forms of line dancing (country, waltz, cha cha, rumba, NC2-steps, etc.) using a progressive method of varying music rhythm and genre. Line dance is for everyone!

Instructor: Allen Isidro

Senior Center

241743-S1	Mon	1:30-2:30pm	\$88	3/16-5/18
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Music & Motion

Our low-impact exercise program is conducted while seated and incorporates full body movement. The motion patterns are modified to accommodate all levels of participants as they perform mental and physical coordination activities. This entertaining program helps develop muscle memory for adults and seniors. For more info, contact ldvali1955@gmail.com.

Instructor: Allen Isidro

Senior Center

241744-S1	Mon	2:30-3:30pm	\$55	3/16-5/18
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Argentine Tango Series

Argentine Tango Beginning Basics is designed for absolute beginners looking to learn authentic Argentine Tango, as well as for dedicated dancers aiming to improve their partnering skills. **Argentine Tango Intermediate/Advanced** is open to those who have completed Tango I and introduces more intricate steps while continuing to build strong lead-and-follow techniques for social dancing. Both singles and couples are welcome. Dance shoes are strongly recommended.

Instructor: David & Nancy Mendoza

Beresford Recreation Center

BEGINNING BASICS

241750-B1	Tue	7:30-8:20pm	\$122	3/10-5/26
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INTERMEDIATE/ADVANCED

241751-B1	Tue	8:30-9:20pm	\$122	3/10-5/26
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Ceramics

Explore the wonderful world of ceramics. Whether you are a beginner or an advanced artist, we have the class for you.

The following classes are taught at the Central Park Ceramics Studio located at 50 E. 5th Ave.

A \$25 glaze/firing fee is included in the registration. Clay can be purchased when registering for the class.

Instructors: Shikha Hutchins and Meral Agi

Pottery Basics

We'll begin with the foundations of hand building, such as pinching, coiling, and slab building, in the first weeks of the session. Then we'll introduce basic throwing techniques on the pottery wheel. Bring your sketchbook and get ready to create in clay!

241930-A1	Wed	3:30-6:00pm	\$311	3/25-6/3
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Core Ceramics

Whether you're a novice or advanced student, these classes will introduce you to new pottery skills including hand building with coil, pinch, slab techniques, and throwing on the wheel.

Mixed Levels

241927-A1	Mon	6:00-9:00pm	\$315	3/23-6/1
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241927-A4	Sat	10:00am-1:00pm	\$315	3/28-6/6
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Beginning/Intermediate

241927-A2	Tue	6:00-9:00pm	\$344	3/24-6/2
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Intermediate/Advanced

241927-A3	Wed	6:30-9:30pm	\$344	3/25-6/3
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Coffee & Clay: Intermediate/Advanced

Get creative with ceramics and work on your own personalized projects. Settle in for a morning of creativity, clay, and community. This class is designed for students with basic ceramics experience. No major instruction is given during class.

Intermediate/Advanced

241922-A1	Tue	10:00am-1:00pm	\$344	3/24-6/2
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241922-A2	Thu	10:00am-1:00pm	\$344	3/26-6/4
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Open Studio: Intermediate/Advanced

Open Studio time is geared for intermediate/advanced students looking for extra time to work on self-directed projects. No instruction will be given during this time.

Intermediate/Advanced

241929-A1	Thu	1:30-4:00pm	\$291	3/26-6/4
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241929-A2	Sat	1:30-4:00pm	\$268	3/28-6/6
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Stamp-a-Stack Cardmaking

You'll have fun making a "stack" of 12 beautiful greeting cards (3 ea. of 4 designs) with matching envelopes to have on hand for your upcoming occasions! A variety of tools and techniques will be used, including rubber stamps, punches, and die-cutting or embossing. Material fees are included in the total cost of registration.

Instructor: Maya Togashi

Beresford Recreation Center

241913-A1	Tue	6:30-8:30pm	\$50	5/19
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Japanese Calligraphy

Have fun discovering the beauty of calligraphy strokes and learn a little Japanese, too! Beginners are welcome!

Instructor: Akie Karahashi

Beresford Recreation Center

241912-A1	Mon	7:00-8:30pm	\$141	3/9-5/4
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Contemporary Ikebana Flower Arranging

In our Contemporary Ikebana Flower Arranging class, students bring flowers they love and create unique arrangements using fundamental Ikebana techniques and styles. The class includes demonstrations and personalized guidance. Continuing students will begin a new lesson in the first week, while new students will start with an introductory lecture and demonstration. Please note: this class does not meet weekly.

Instructor: Yoshiko Williams

Beresford Recreation Center

241901-A1	Wed	2:00-4:00pm	\$85	3/11-5/20
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The Joy of Watercolor

Students will learn essential elements of watercolor and gain confidence having fun with composition, color theory, and perspective under the guidance of an award-winning instructor through lectures, demonstrations, and in-class painting time. Class is designed for people who are fairly new to watercolor.

Instructor: William Dunn

Beresford Recreation Center

241939-A1	Tue	6:00-9:00pm	\$185	3/3-4/7
241939-A2	Tue	6:00-9:00pm	\$185	4/28-6/2

More Joy of Watercolor

For more experienced students, this class will expand your skills with concentration on composition, color, and creativity.

Instructor: William Dunn

Beresford Recreation Center

241910-A1	Sat	9:00am-12:00pm	\$185	3/7-4/11
241910-A2	Sat	9:00am-12:00pm	\$155	5/2-6/6

Crochet and Hand Knitting

Knitters of all levels are welcome! Learn basic and advanced skills in this fun and collaborative knitting/crochet workshop. Beginners learn to read pattern books and may design and create their own knitted garments or gifts. Master your techniques and bring projects you're currently working on.

Instructor: Paola Trombetta

Senior Center

241937-A1	Wed	10:30am-12:30pm	\$97	3/11-4/15
241937-A2	Wed	10:30am-12:30pm	\$97	4/22-6/3

Hand and Machine Knitting

Master hand and machine knitting techniques in this fun class that teaches basic and advanced skills! You will learn how to read patterns and even design your own knitted creations. Discover new techniques and get guidance on your current knitting projects. Required supplies will be listed on your confirmation receipt.

Instructor: Paola Trombetta

Senior Center

241938-A1	Wed	1:00-3:00pm	\$97	3/11-4/15
241938-A2	Wed	1:00-3:00pm	\$97	4/22-6/3

Guided Watercolor Workshop: Intermediate

Join illustrator Matt Crane for a watercolor workshop tailored for intermediate and experienced adult watercolorists. Each week, Matt will demonstrate a range of painting techniques, offering valuable insights and practical skills. Elevate your individual style with personalized instruction and consultation, available upon request.

Instructor: Matt Crane, San Mateo Adult School

Senior Center

241902-A1	Thu	9:30am-12:00pm	\$116	3/12-4/16
241902-A2	Thu	9:30am-12:00pm	\$116	4/23-6/4

Watercolor Painting

Through lectures and demonstrations, students will learn the basics of watercolor, wet into wet, dry brush, washes, glazes, and the behavior of water to paper. Students will create images from still life and landscape. Beginners and experienced painters are welcome!

Instructor: Richard Becker

Beresford Recreation Center

241915-A1	Fri	10:00am-1:00pm	\$225	3/20-5/29
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Acrylic & Oil Painting

Discover the Renaissance within! Paint your imagination using traditional and modern techniques in acrylic and oil painting including color mixing, direct painting, scumbling, and glazing. Master the elements of composition, form, and color! Individual attention will be given for all levels of instruction. Beginners and experienced painters are welcome!

Instructor: Richard Becker

Beresford Recreation Center

241917-A1	Wed	6:30-9:00pm	\$225	3/18-5/20
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Adult Music

Acoustic & Folk Play Along

Join in on playing generations of popular music, including folk, Americana, R&B, and Western Swing. This class is open to various skill levels and created as a way to build up your musical abilities. Ideal for acoustic instruments.

Instructor: Curtis Jeung

Senior Center

241804-A1	Thu	6:00-8:00pm	\$50	3/12-6/4
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Acoustic Folk Session (Intermediate)

Play along with a variety of multi-generational music using acoustic instruments. Current attendees play Guitar, Ukulele, Mandolin, bass and more. Song styles include folk, pop, folk rock, americana, western swing.

Instructor: Curtis Jeung

Senior Center

241803-A1	Tue	1:00-3:15pm	\$50	3/10-6/2
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String Private Lesson

Find that NEW hobby! We offer individual music lessons on popular acoustic string instruments (Guitar, Bass, Ukulele, Mandolin). Learn the basics of playing through song, play and discussion. Approaches to technique, song structure, and basic theory will be applied. The time and date listed below are the set meeting times, so please register for what slot you would like.

Instructor: Curtis Jeung

Senior Center

MARCH-APRIL

241805-A1	Mon	3:00-3:45pm	\$215	3/9-4/13
241805-A2	Mon	4:00-4:45pm	\$215	3/9-4/13
241805-B1	Tue	5:00-5:45pm	\$215	3/10-4/14
241805-B2	Tue	6:00-6:45pm	\$215	3/10-4/14
241805-C1	Wed	4:00-4:45pm	\$215	3/11-4/15
241805-C2	Wed	5:00-5:45pm	\$215	3/11-4/15
241805-C3	Wed	6:00-6:45pm	\$215	3/11-4/15
241805-D1	Thu	3:00-3:45pm	\$215	3/12-4/16
241805-D2	Thu	4:00-4:45pm	\$215	3/12-4/16
241805-D3	Thu	5:00-5:45pm	\$215	3/12-4/16

APRIL-END OF MAY

241806-A1	Mon	3:00-3:45pm	\$215	4/20-6/1
241806-A2	Mon	4:00-4:45pm	\$215	4/20-6/1
241806-B1	Tue	5:00-5:45pm	\$215	4/21-5/26
241806-B2	Tue	6:00-6:45pm	\$215	4/21-5/26
241806-C1	Wed	4:00-4:45pm	\$215	4/22-5/27
241806-C2	Wed	5:00-5:45pm	\$215	4/22-5/27
241806-C3	Wed	6:00-6:45pm	\$215	4/22-5/27
241806-D1	Thu	3:00-3:45pm	\$215	4/23-5/28
241806-D2	Thu	4:00-4:45pm	\$215	4/23-5/28
241806-D3	Thu	5:00-5:45pm	\$215	4/23-5/28

Karaoke and Sing Along

Singing is good for mental and physical health. Whether you think you are a good or bad singer, it doesn't matter! Singing is for fun. We have 7000 songs, and we hope you can find your favorite songs. Sing with us!

Instructor: Senior Center Volunteers

Senior Center

241809-A1	Fri	1:00-3:00pm	Free	3/13-6/5
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Ukulele, Play and Sing-a-Long

Playing the ukulele is simply more fun if you are in the company of others. If you are looking for that perfect group to show off your skills, look no further grab your Ukulele and come on over. We are here to have fun!

Instructor: Senior Center Volunteer

Senior Center

241800-A1	Tue	10:00-11:30am	Free	3/10-6/2
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Fiddle Jam

Join others in playing a collection of "fiddle tunes," such as Angelina Baker, Joe Bane's Barn Dance, and Whiskey Before Breakfast. Fiddles are optional, bring your guitar, mandolin or whatever to play along. Styles vary from bluegrass to Irish reels.

Instructor: Curtis Jeung

Senior Center

241807-A1	Mon	10:00am-12:00pm	\$50	3/9-6/1
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The Senior Center Band

Do you play an instrument? The Senior Center Band is always looking for new musicians at all levels. This activity is not only fun, but it is good for your mental and physical health. Bring your instrument. All are welcome!

Instructor: Senior Center Volunteers

Senior Center

242210-A1	Fri	9:30-11:00am	Free	3/13-6/5
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The Golden Tones Chorus

Love to sing? Join our friendly chorus and enjoy singing tunes from the Great American Songbook! It's lots of fun: relaxing, sociable, and good for your health, brain, and mood. Share your love of music and make new friends. No experience necessary!

Instructor: Senior Center Volunteers

Senior Center

241812-A1	Fri	11:00am-12:00pm	Free	3/13-6/5
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Adult Lifelong Learning

Are you an active adult looking for more things to do? Check out our drop-in programs held at both Martin Luther King Jr. Community Center as well as the Senior Center!

All Senior Center drop-in programs require registration. Questions? Call (650) 522-7490

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	MEMOIR WRITING 10:00-11:00am Senior Center		INTERMEDIATE MAHJONG 10:00am-12:00pm 1:00-3:00pm Senior Center	SENIOR CENTER BAND 9:30-11:30am Senior Center
	UKULELE JAM 10:00-11:30am Senior Center	LATINO(A) GROUP 11:00am-12:30pm Senior Center	PING PONG 10:30am-2:30pm MLK Center	GOLDEN TONES CHORUS 11:00am-12:00pm Senior Center
SENIOR LUNCH 12:00-1:00pm Senior Center	SENIOR LUNCH 12:00-1:00pm MLK Center	SENIOR LUNCH 12:00-1:00pm Senior Center	YNA: GRIEF/LOSS 10:30-11:30pm Senior Center	SENIOR LUNCH 12:00-1:00pm Senior Center
HISTORY OF ROCK 'N ROLL 1:00-2:00pm Senior Center	SHANGHAI RUMMY 1:00-3:30pm MLK Center	BINGO 1:45-3:15pm Senior Center	SENIOR LUNCH 12:00-1:00pm MLK Center	DROP-IN GAME TIME THEMED WEEKS! 1:00-3:00pm Senior Center
INTERMEDIATE MAHJONG 1:00-3:00pm Senior Center			YNA: CAREGIVER 12:30-1:30pm MLK Center	KARAOKE 1:00-3:00pm Senior Center
				FRIDAY MOVIE 1:00-3:00pm Senior Center

Connect & Learn

Memoir Writing

Do you want to pass down a written legacy to the next generation? Write your first-person life narrative. You will learn proper technique, practice your craft, receive encouragement, partner up, and polish your text.

Instructor: Senior Center Volunteer

Senior Center

242630-A1	Tue	10:00-11:00am	Free	3/10-6/2
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History of Rock 'n Roll

Continue learning about the History of Rock 'n Roll. This class is PART 3 in a series of classes. PART 1 and 2 are not required but recommended. PART 3 begins with the Girl Groups of 1964, followed by MOTOWN and the Beach Boys.

Instructor: Senior Center Volunteer

Senior Center

242632-A1	Mon	1:00-2:00pm	Free	3/9-6/1
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Guided Watercolor Workshop: Intermediate

age 50+ yrs.

Join illustrator Matt Crane for a watercolor workshop tailored for intermediate and experienced adult watercolorists. Each week, Matt will demonstrate a range of painting techniques, offering valuable insights and practical skills. Elevate your individual style with personalized instruction and consultation, available upon request.

Instructor: Matt Crane, San Mateo Adult School

Senior Center

241902-A1	Thu	9:30am-12:00pm	\$116	3/12-4/16
241902-A2	Thu	9:30am-12:00pm	\$116	4/23-6/4

Day Trip: Laurelwood Park

Join the Senior Center Team in visiting our amazing Laurelwood Park, a secret San Mateo gem. During this visit, we will get a tour from a local naturalist. After a nice walk through the park, open up your packed lunch and join us for a picnic.

Instructor: City Staff

Laurelwood Park

242059-A1	Thu	10:30am-12:00pm	Free	4/16
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Adult Lifelong Learning

Games & Movies



Fridays at the Movies

Grab a seat and join us for Fridays at the Movies at the Senior Center! Enjoy a fun mix of new releases, classic 90s hits, and timeless black-and-white films. Bring your favorite snack or just indulge in FREE popcorn while you relax and unwind!

Senior Center

242209-A1	Fri	1:00-3:15pm	Free	3/13-6/5
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Bingo

Who doesn't like the thrill of waiting for that last number that you need, raising your hand and shouting BINGO? Plan a FUN Wednesday afternoon with your friends this Summer! Doors open at 1:45pm and cards are \$1.

Senior Center

742214-A1	Wed	2:00-3:30pm	Free	Year Round
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The Makers Circle: A Creative Gathering

The Maker's Circle is a welcoming space to slow down, connect, and explore creativity through hands-on art projects. No experience needed—just come curious and leave each session with your own handmade creation. All materials provided.

Instructor: Senior Center Volunteer

Senior Center

242037-A1	Tue	1:00-3:00pm	\$25	3/24-4/28
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California Mahjong Open Play-Intermediate

Continue the fun and excitement of California Mahjong. Join your friends and other Mahjong enthusiasts in creating exciting hands. Please note that completion of two sessions of Beginning Mahjong is a requirement.

Instructor: Senior Center Volunteer

Senior Center

242406-A1	Mon	1:00-3:00pm	\$5	3/9-6/1
242406-A2	Tue	1:00-3:00pm	\$5	3/10-6/2
242406-A3	Thu	10:00am-12:00pm	\$5	3/12-6/4
242406-A4	Thu	1:00pm-3:00pm	\$5	3/12-6/4

Shanghai Rummy

Looking for a fun way to challenge your mind and connect with others? Learn how to play Shanghai Rummy—a classic, strategic card game that's easy to pick up and hard to put down. Whether you're a seasoned card player or just getting started, this class will guide you through the rules, gameplay, and tips to master all seven exciting rounds. Bring a friend or make new ones around the table!

Instructor: Senior Center Volunteer

Dr. Martin Luther King Jr. Community Center

242023-A1	Tue	1:00-3:30pm	Free	3/10-6/2
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Support Groups

Caregiving and Aging Support

Whether you're currently caregiving or just beginning to plan, these presentations offer valuable education, support, and peace of mind. You'll walk away with practical tools, community resources, and a deeper understanding of how to care for the people who matter most. Led by an experienced caregiver and the owner of Assisting Hands San Carlos, each session is grounded in real-world knowledge and compassion.

Instructor: Tri Tran

Senior Center

Fall Protection & What to Do if You Fall?

242543-A1	Wed	11:00am-12:00pm	Free	4/15
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Aging in Place & How to Do that Well!

242543-A2	Fri	1:00-2:00pm	Free	5/15
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You're Not Alone Support Group

Grief can feel overwhelming—but you don't have to go through it alone. Whether you're coping with the loss of a loved one or navigating other forms of grief, this group offers a safe, understanding space to share, listen, and heal at your own pace. Together, we'll find strength in connection and comfort in community.

Instructor: Peninsula Family Services

Senior Center

Grief and Loss Support Group

242509-A1	Thu	10:30-11:30am	Free	3/12-6/4
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Dr. Martin Luther King Jr. Community Center

Caregiver and Peer Support Group

242509-A2	Thu	12:30-1:30pm	Free	3/12-6/4
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Latino/Latina Discussion Group

The Latino/Latina Discussion Group brings community members together to gain friendships, knowledge, support, and assistance. The group will provide laughter, motivation, and a wide variety of discussion topics. All are welcome!

Senior Center

242211-A2	2 nd & 4 th Wed	11:00am-12:30pm	Free	3/11-5/27
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Grupo de Discusión Latino/Latina

El Grupo de Discusión Latino/Latina reúne a los miembros de la comunidad para obtener amistades, conocimiento, apoyo y asistencia. El grupo proporcionará risas, motivación, y una amplia variedad de temas de discusión. ¡Todos son bienvenidos!

Instructor: Voluntario del centro para personas mayores

Centro de Mayores

242211-A2	2 nd & 4 th Mier.	11:00am-12:30pm	Gratis	3/11-5/27
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Technology

Tech Tutoring-Tech Basics

Join us monthly for a discussion of the latest ins and outs of today's technology. In an informative presentation, we will cover topics in the areas of tech trends, privacy & security, common tech issues, and tech best practices.

Instructor: Senior Center Volunteer

Senior Center

242714-A1	Mon	11:30am-1:00pm	\$15	3/16-3/23
242714-B1	Mon	11:30am-1:00pm	\$15	4/13-4/20
242714-C1	Mon	11:30am-1:00pm	\$15	5/11-5/18

Tech Tutoring-Google Products and Android

Looking to get more tech help? Sign up for one of our sessions with our Tech Tutoring volunteers! Each time slot focuses on the technology you need the most support with.

Instructor: Senior Center Volunteer

Senior Center

242715-A1	Wed	10:00-11:30am	\$15	3/18-3/25
242715-B1	Wed	10:00-11:30am	\$15	4/8-4/15
242715-C1	Wed	10:00-11:30am	\$15	5/13-5/20

Tech Tutoring-Apple Products, iPhone, iPad

Looking to get more tech help? Sign up for one of our sessions with our Tech Tutoring volunteers! Each time slot focuses on the technology you need the most support with.

Instructor: Senior Center Volunteer

Senior Center

242716-A1	Mon	1:00-2:30pm	\$15	3/16-3/23
242716-B1	Mon	1:00-2:30pm	\$15	4/13-4/20
242716-C1	Mon	1:00-2:30pm	\$15	5/11-5/18

Tech Tutoring-Microsoft Products, PC, and Laptops

Looking for an easy way to connect to the internet? This workshop will give you all the information you need to get started using the World Wide Web. Using a Chromebook, now available for use at the Senior Center, may just be what you need.

Instructor: Senior Center Volunteer

Senior Center

242717-A1	Thu	10:00-11:30am	\$15	3/19-3/26
242717-B1	Thu	10:00-11:30am	\$15	4/9-4/16
242717-C1	Thu	10:00-11:30am	\$15	5/14-5/21



iPhone Workshop

Looking to get more out of your iPhone? Take your skills to the next level by learning the latest features, functions, tips, and tricks. The comprehensive class will be interactive and hands-on with plenty of time for Q&A.

Instructor: Senior Center Volunteer

Senior Center

242704-A1	Tue	1:00-2:30pm	\$15	3/10-3/31
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Tech Help Desk

Do you need help with your phone, tablet, computer, or want to feel more confident using technology? This monthly session is designed to provide hands-on guidance with everyday technology capabilities, whether it's sending photos, managing emails, using apps, or staying safe online. In a friendly group setting, we'll cover common tech challenges, trends, and best practices. Bring your devices and your curiosity!

Instructor: Senior Center Volunteer

Senior Center

242705-A1	Thu	1:00-2:15pm	\$15	4/2-6/4
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Adult Lifelong Learning

Health & Wellness

Doctor Talk: Allergies

Join Dr. Ou, a Kaiser Permanente physician, for a virtual discussion on allergies. Spring is usually the start of allergy season. Dr. Ou will discuss allergy symptoms, treatment, and preventive strategies.

Instructor: Sharon Ou

Virtual Activity (Hosted on Zoom)

242505-V1	Wed	2:00-3:00pm	Free	3/18
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Doctor Talk: Brain Health

Join Dr. Ou, a Kaiser Permanente physician, for a virtual discussion on the Brain. Dr. Ou will discuss the most metabolically active organ -the brain and ways to protect, preserve, and improve brain function.

Instructor: Sharon Ou

Virtual Activity (Hosted on Zoom)

242506-V1	Wed	2:00-3:00pm	Free	5/20
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Health Screening

The Breathe California Team will be doing a health screening to measure blood pressure, oxygen saturation, and lung health. Once done, you will be given their results on paper and recommendations to follow up with their healthcare provider for abnormal readings.

Instructor: Breathe California Team

Senior Center

242535-A1	Fri	11:30am-12:30pm	Free	5/22
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Health Education: Is it a Cold Flu or Pneumonia

The Breathe California Team is giving a presentation on colds, flu, and pneumonia. Compares the symptoms of each illness and the proper actions to take for maintain the health of seniors.

Instructor: Breathe California Team

Senior Center

242544-A1	Wed	12:30-1:30pm	Free	3/25
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Redefining Aging

Active older adults- Mid-Peninsula Village offers shared activities and services for aging in place in our own homes and apartments by helping maintain your home, reduce stress, and keep you mobile. Join us as a member or as a volunteer!

Instructor: Eric Hanson

Senior Center

242524-A1	Fri	10:30-11:30am	Free	4/17
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Health Education:

The Breathe California Team is doing presentations on clean indoor air, and the physical and mental benefits of exercise.

Instructor: Breathe California Team

Senior Center

Clean Indoor Air

242542-A1	Tue	1:00-2:00pm	Free	4/14
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Physical and Mental Benefits of Exercise

242542-A2	Mon	11:00am-12:00pm	Free	5/18
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Breathing Exercises

Learn the fundamentals of yoga breathing. From a seated position in chairs, participants will practice breathing awareness, belly breathing, chest breathing and alternate nostril breathing. Lessons are very relaxed, 20 minutes long and for beginners.

Instructor: Breathe California Team

Senior Center

242536-A1	Mon	12:30-1:15pm	Free	3/16
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Having Trouble Hearing?

ClearCaptions is an authorized provider working with FCC providing FREE caption phone, service, FREE phone line (VOIP), and a caption app for iPhone and iPad to individuals with hearing loss. During this class you will learn about the caption phone, how it makes communication easier and more effective and helps the individual to stay independent and connected to their loved ones!

Instructor: Elli Tehrani

Senior Center

242606-A1	Wed	10:30-11:30am	Free	4/8
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242606-A2	Wed	10:30-11:30am	Free	5/13
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Age Friendly Resources

Senior Lunch Program

BAY TREE BISTRO



The Bay Tree Bistro is a lunch program for Seniors 60+. Our nutritious, delicious meals include a salad, main course, and fruit or dessert.

The dining room doors open at 11:30 a.m. Lunch is served at 12 p.m. No arrivals past 12:10 p.m. The room will remain open from 12-1 p.m. Reservations are required.

Check out the menus online at cityofsanmateo.org on the Aging Services webpage or visit the Senior Center. Reservations can be made by calling (650) 522-7490 or in person.

San Mateo Senior Center

Monday, Wednesday, Friday - 12-1:00pm
2645 Alameda de las Pulgas, San Mateo

The cost for lunch is \$7.00. Check-in at the front desk before entering the lunchroom.

Dr. Martin Luther King Jr. Community Center*

Tuesday & Thursday - 12-1:00pm
725 Monte Diablo Ave., San Mateo

The voluntary contribution for patrons 60+ is \$5.00.

** The Older Americans Act partially funds this program.*



ATTENTION SENIOR RIDERS

The Get Around Senior Rides Program has received strong community participation and has now reached full capacity.

Beginning, **January 12, 2026**, requests for enrollment will be placed on a waitlist until an opening becomes available.

Current participants will not be affected at this time. All existing riders will continue to receive services as usual. If you are enrolled in the program but no longer need the services, please contact us to cancel your membership.

For questions or to join the waitlist please contact the San Mateo Senior Center at (650) 522-7490.

We understand the importance of reliable transportation and you can find additional resources and transportation options within San Mateo County at Peninsula Rides.

peninsularides.com



A fresh season of Senior Hub activities is on the way!

We're finalizing a variety of spring programs that will take place at the **Dr. Martin Luther King Jr. Community Center** and the **Beresford Community Center**.

FULL DETAILS COMING SOON.

Stay tuned for a fun and engaging spring.



For additional community resources and volunteer opportunities, please visit our website www.cityofsanmateo.org/640/Senior-Services or call (650) 522-7490

Partner Agencies



SAN MATEO ARBORETUM SOCIETY

In Central Park ... by the Rose Garden

Open weekends: noon- 3PM

- Plant sales
- Tranquil gardens
- Fairy garden
- Free seminars – 1st Sunday



SMAS is dedicated to the preservation of Central Park's rich horticultural heritage. Ongoing activities include monthly free seminars, plant clinics, and maintenance of various gardens in the park.

Support SMAS as a member or volunteer

Rent the Kohl Pumphouse for private events or business meetings

Instagram: [instagram.com/sanmateoarboetumsociety/](https://www.instagram.com/sanmateoarboetumsociety/)

Facebook: [facebook.com/sanmateoarboetumsociety/](https://www.facebook.com/sanmateoarboetumsociety/)

LOCATION:

San Mateo Central Park, Kohl Pumphouse

101 Ninth Avenue, San Mateo.

Enter the park at Ninth Ave. & Palm Ave.

www.sanmateoarboetum.org | (650) 579-0536 x3

info@SanMateoArboretum.org



San Mateo Garden Center

605 Parkside Way, San Mateo

Gardens • Clubs • Event Rentals

PLANT SALE & CRAFT FAIR

SUNDAY, MAY 3, 2026
10 AM - 3 PM



PLANT SALES
SHOPPING
GARDEN CLUBS



sanmateogardencenter.org
info@sanmateogardencenter.org



Self-Help for the Elderly

安老自助處

Since 1966, Self-Help for the Elderly has provided assistance and support to seniors in the San Francisco area. We provide trustworthy and devoted care for seniors to promote their independence, dignity and self-worth.

Our non-profit services and companionship help guide seniors to wellness and happiness. We want to contribute to longer, healthier, more purposeful lives for seniors.



50 E Fifth Avenue, San Mateo, CA 94401

650-342-0822

info@selfhelpelderly.org

selfhelpelderly.org



Age-Friendly Business Certification Program

The Age-Friendly Business Certification program aims to recognize and promote San Mateo Businesses and organizations that demonstrate a commitment to meeting the needs of older adults.

Find out how your business can get certified and see what businesses are already part of the program!

www.cityofsanmateo.org/AgeFriendly

Stay Connected

CITY MANAGER | Alex Khojikian

DIRECTOR | Joanne Magrini

DEPUTY DIRECTOR | Marie Silva

PARKS & RECREATION ADMIN SERVICES

330 W 20th Ave. | (650) 522-7400

parksandrecreation@cityofsanmateo.org

Street Trees: trees@cityofsanmateo.org

Picnics: picnicreservations@cityofsanmateo.org

VISITOR SERVICES & HARBOR PATROL

Park Rangers: (650) 522-7485

Harbor Patrol: (650) 522-7467 (*May-Sep*)

POPLAR CREEK GOLF COURSE

1700 Coyote Point Dr. | (650) 522-7510

Reservations: (650) 522-4653(GOLF)

PARKS & LANDSCAPE SERVICES

2001 Pacific Blvd. | (650) 522-7421

POLICE ACTIVITIES LEAGUE (PAL)

200 Franklin Pkwy. | (650) 522-7725

Police Headquarters - 2nd Floor

COMMUNITY SERVICES MANAGER | Zachary Silva

RECREATION FACILITIES

BERESFORD RECREATION CENTER

2720 Alameda de las Pulgas | (650)522-7440

CENTRAL RECREATION CENTER

50 E 5th Ave. (Central Park)

Building Reservations: (650)522-7490

Self-Help for the Elderly: (650) 342-0822

DR. MARTIN LUTHER KING JR. COMMUNITY CENTER

725 Monte Diablo Ave. | (650) 522-7470

Athletics: (650) 522-7430

Field Conditions: (650) 522-7439

Pool (June-Aug): (650) 522-7465

JOINVILLE SWIM CENTER (June-Aug)

211 Kehoe Ave. | (650) 522-7460

SENIOR CENTER

2645 Alameda de las Pulgas | (650) 522-7490

SHOREVIEW CENTER

950 Ocean View Ave. | (650) 522-7500

Building Blocks Preschool



Not sure who to call? Submit a contact form online: www.cityofsanmateo.org/contactus

PARK & RECREATION COMMISSION | 1st Wed

www.cityofsanmateo.org/82/Park-Recreation-Commission

prcommission@cityofsanmateo.org

SENIOR ADVISORY COMMISSION | 2nd Mon (every other month)

www.cityofsanmateo.org/105/Senior-Advisory-Commission

seniorcommission@cityofsanmateo.org

CITY COUNCIL | 1st & 3rd Mondays

www.cityofsanmateo.org/55/City-Council

Councilcitycouncil@cityofsanmateo.org

San Mateo Parks

SAN MATEO PARKS	Baseball	Basketball	Boating	Bocce Ball	Dog Park	Exercise Equip.	Play Area	Pickleball	Picnic Area	Picnic Shelter	Rec. Center	Restrooms	Sand Beach	Skate Park	Soccer	Swimming	Tennis	Volleyball	Walking Trails	Water Fountains
REGIONAL PARKS																				
Ryder Park 1801 J. Hart Clinton Drive							x		x			x							x	x
Seal Point Park 1901 J. Hart Clinton Drive					x							x							x	x
COMMUNITY PARKS																				
Bay Meadows Park 301 East 28th Avenue	x								x			x			x					x
Bayside/Joinville Park & Pool 2111 Kehoe Avenue	x				x		x	x	x			x			x	x	x			x
Beresford Park and Center 2720 Alameda de las Pulgas	x	x		x	x	x	x	x	x	x	x	x		x			x	x		x
Central Park and Center 50 East 5th Avenue	x				x		x	x	x		x	x					x			x
Martin Luther King Park, Center & Pool 725 Monte Diablo Avenue	x	x					x		x		x	x			x	x				x
Lakeshore Park 1550 Marina Court	x	x							x			x	x							x
Los Prados Park 1837 Bahia Street	x	x			x		x	x	x			x			x		x			x
Parkside Aquatic Park 1595 Seal Street			x				x		x			x	x			x				x
Shoreview Park 950 Ocean View Avenue	x	x					x	x	x	x	x	x		x			x			x
NEIGHBORHOOD PARKS																				
Casanova Park 4012 Casanova Drive		x					x		x			x								x
Harborview Park 1725 Monte Diablo Avenue	x	x					x		x			x								x
Indian Springs Park 313 West 39th Avenue							x		x			x								x
Laurelwood/Sugarloaf Park 3471 Glendora Drive							x		x			x						x		x
Laurie Meadows Park 111 Laurie Meadows Park	x				x	x	x		x						x					x
Mariners Island Park 1550 Shoal Drive	x						x					x								x
Paddock Park 2900 Baze Road		x					x		x			x								x
Trinta Park 150 19th Avenue	x	x					x		x			x								x
SMALL & MINI PARKS																				
Bay Tree Park 150 Darthmouth Rd.																				
Concar Playground 650 Connie Ave.							x													x
DeAnza Historical Area 100 Arroyo Ct.																				
East Hillsdale Park 123 31st Ave.							x										x			x
Fiesta Meadows Park 1141 Bermuda Dr.															x					x
Gateway Park 800 E 3rd Ave.							x													
Hayward Square Park 1189 S B St.																				
Landing Green 200 E 28th Ave.																				x
Sunnybrae Playground 625 Folkstone Ave.							x													x
Washington Playground 1768 Washington St.		x					x													x
West Hillsdale Park 345 31st Ave.		x					x													x

FACILITY RENTALS

Host your next celebration in a space that inspires!

From our community centers to the serene Japanese & Rose Gardens, our facilities offer versatile spaces perfect for birthdays, meetings and other community gatherings.

Whether you're planning something casual or a major milestone, the City of San Mateo Parks and Recreation Department has facility rental options for every occasion!

Call us for more information regarding our facilities.

Beresford Recreation Center

2720 Alameda las Pulgas

(650) 522-7440

Central Recreation Center

50 E 5th Ave.

(650) 522-7490

*JAPANESE & ROSE GARDENS

Dr. Martin Luther King Jr. Community Center

725 Monte Diablo Ave.

(650) 522-7440

San Mateo Senior Center

2645 Alameda de las Pulgas

(650) 522-7490

 www.cityofsanmateo.org/579/Meetings-Parties-Events

HARBOR PATROL STATION & MARINA LAGOON 2026 BOATING FEES & HOURS

ANNUAL | DAILY

Power Boats 5hp and up	\$450 \$40
Under 5hp and sail over 8ft.	\$250 \$25

- Annual passes include launch ramp access key for launching during non-staffed periods.
- Upon payment of user fees, the city will provide a sticker to be applied to the vessel.
- All boat operators must carry a valid boater's card.
- Daily users must carry their receipt in the vessel.
- Non-powered and sail boats not needing ramp access are exempt from the user fees.
- **New vessels;** Harbor Patrol staff will be in contact for inspections.

The Harbor Patrol Station is staffed between Memorial Day & Labor Day, weekends only.

Daily passes are not available for purchase during non-staffed hours.

New annual passes and renewals are available online at www.sanmateorec.org.
Under Memberships, search for "Marina Lagoon Annual." You can pay using credit card or e-check.
If you purchased a pass in 2025, you should be an active member in our system.

www.cityofsanmateo.org/601/marina-lagoon-beaches



San Mateo Parks and Recreation Department
330 West 20th Avenue
San Mateo, CA 94403

PRSR STD
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PERMIT NO. 905

49th Annual/

Eggstravaganza



SATURDAY
APRIL 04, 2026



CENTRAL PARK
50 E. 5TH AVE

Please visit www.cityofsanmateo.org/1663/Special-Events for more information!



@smparksandrec | cityofsanmateo.org | (650) 522-7400