



## SAN MATEO POLICE DEPARTMENT

Ed Barberini  
Chief of Police

200 Franklin Pkwy  
San Mateo, CA 94403  
(650) 522-7710  
[www.sanmateopolice.org](http://www.sanmateopolice.org)

## MEDIA RELEASE / COMMUNITY ALERT

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### May is National Bicycle Safety Month

*The San Mateo Police Department is encouraging the community to be alert to keep bicyclists safe.*

San Mateo, CA – May 3, 2025-The San Mateo Police Department is encouraging everyone to be alert to keep bicyclists safe. With the arrival of warmer weather, more people are biking for commuting, exercise or recreation, making it essential for all people to look out for one another and save lives.

According to the [National Highway Traffic Safety Administration](#), there were 1,105 people killed while riding a bike in 2022, and an estimated 46,195 bicyclists were injured.

The San Mateo Police Department suggests the following safety tips for bicyclists and drivers:

#### Drivers

- Slow down and follow the speed limit. Be careful traveling through intersections.
- Look carefully for bicyclists and pedestrians before making a turn or opening a car door near streets or bike paths.
- Be patient when traveling behind a bicyclist and give them space when passing. California law requires drivers to change lanes, when possible, to pass bicyclists and always pass with at least 3 feet of space.
- Never drive distracted or impaired.

#### Bike Riders

- Use lights at night.
- Although not required for riders 18 and older, always wear a properly secured helmet. Helmets significantly reduce the chance of a head injury in the event of a crash.
- Bicyclists must travel in the same direction of traffic and have the same requirements as any slow-moving vehicle.
- Yield to pedestrians, just as a driver would. Pedestrians have the right-of-way within marked or unmarked crosswalks at intersections.

Funding for this program is provided by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration.

#### MEDIA CONTACT

Andrew Peek

San Mateo Police Media Relations • (650) 522-7626 • [pdpio@cityofsanmateo.org](mailto:pdpio@cityofsanmateo.org)  
*Protect with Honor / Serve with Pride*

Public Information Officer  
City of San Mateo Police Department  
200 Franklin Parkway, San Mateo, CA 94403  
650-522-7626 | [pdpio@cityofsanmateo.org](mailto:pdpio@cityofsanmateo.org)



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