

March 2022



Dear San Mateo Recreation Participants / Guardians:

As there has been recent guideline change, please note the following precautions and procedures we have put in place for our programs:



Masking - For both vaccinated and unvaccinated individuals, masks are optional but strongly encouraged.



Physical Distancing - Universal masking eliminates the requirement for physical distancing for the most part, however staff are still encouraging participants to social distance when possible. We request that non-program participants, parents and guardians refrain from entering programs and remain in lobby / common spaces during drop-offs and pick-ups.



Vaccinations / Boosters - The COVID-19 vaccine and booster are strongly recommended for all eligible individuals.

TEST POSITIVE FOR COVID-19:



Everyone, regardless of vaccination status, previous infection or lack of symptoms.

- Stay home for at least **5 days**.
- Isolation can end after day 5 if symptoms are not present or are resolving **and** a negative COVID test is taken and submitted on day 5 or later. The official documented paper or electronic negative COVID test must be submitted prior to returning to the program. If taking a home test, a telehealth provider must confirm the person's identity and issue a report that meets the requirements of the CDC that staff can review.
- If unable to test or choosing not to test, and symptoms are not present or are resolving, isolation can end after day 10.
- If fever is present, isolation should be continued until fever resolves.
- If symptoms, other than fever, are not resolving continue to isolate until symptoms are resolving or until after day 10.
- Wear a well-fitting mask around others for a total of 10 days, especially in indoor settings.





EXPOSURE TO SOMEONE WITH COVID-19

Unvaccinated OR Vaccinated and booster-eligible but have not yet received their booster dose.

- Stay home for at least 5 days, after your last contact with a person who has COVID-19. Test on day 5.
- Participant may return after day 5 if symptoms are not present or are resolving and a negative COVID test is taken and submitted on day 5 or later. The official documented paper or electronic negative COVID test must be submitted prior to returning to the program. If taking a home test, a telehealth provider must confirm the person's identity and issue a report that meets the requirements of the CDC that staff can review.
- If unable to test or choosing not to test, and symptoms are not present, quarantine can end after day 10.
- Wear a well-fitting mask around others for a total of 10 days, especially in indoor settings.

EXPOSURE TO SOMEONE WITH COVID-19



Vaccinated and Boosted; OR Vaccinated, but not yet booster-eligible (currently ages 5-12 yrs.)

- Test on day 5.
- Wear a well-fitting mask around others for 10 days, especially in indoor settings.
- If testing positive, follow "Test Positive for COVID-19" policy above.
- If symptoms develop, test and stay home.

Our priority is to provide a fun and engaging program for our participants and hope that by placing these temporary guidelines, we can continue to provide safe programming to our community. Please keep in mind that these guidelines are based on current guidance. We will make updates to these policies and communicate to you as they occur. Stay safe and thank you for your continued support.

Sincerely,
Recreation Division Staff

City of San Mateo Parks and Recreation Department

