

Title Sponsor

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Autumn Moon Festival 2019

San Mateo Central Park • 8:30 AM-1:00 PM

50 E. 5th Avenue, San Mateo, CA 94401

Sunday, September 15

Join us for our one-mile Kaiser Permanente Generation Walk for Wellness in Central Park to celebrate Autumn Moon Festival. Performances and activities begin after the Walk. Enjoy community live music and dance performances on the outdoor stage, food, and family fun activities. Bring your grandparents, parents, children, friends, co-workers, and caregivers!

Spend a beautiful Autumn morning at the picturesque San Mateo Central Park and support healthy living for seniors and all generations!

Sign Up TODAY to VOLUNTEER



Sign Up Here: bit.ly/SMMoonFestVolunteer (case sensitive)

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Self-Help for the Elderly
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This event is presented by Self-Help for the Elderly, San Mateo. Self-Help for the Elderly is a 501(c)(3) organization ID#94-1750717. It provides assistance and support to seniors in the San Mateo area. Our non-profit services and companionship help guide seniors to wellness and happiness. We contribute to longer, healthier, and more purposeful lives for seniors.