

## COMMISSION MEMBERS

Chair – Pete Yeatrakas  
Vice Chair - Melodie Lew  
Commissioner – Nancy Ruspil  
Commissioner – Vacant  
Commissioner – Vacant



## MINUTES

### SENIOR COMMISSION SPECIAL MEETING

Monday February 9, 2015

4:00 p.m.

Senior Center, Activity Room

2645 Alameda de las Pulgas, San Mateo, California 94403

Meeting called to order at 4:04pm.

- **Pledge of Allegiance**
- **Roll Call** Commissioners Present: Lew, Ruspil, Yeatrakas  
Staff Present: Paul Council, Community Services Manager, Pete Steele, Section Manager, Vicki Wilson, Recording Secretary.
- **MINUTES APPROVAL**  
The Regular Meeting Minutes of January 12, 2015 – Held over to the next meeting.

### PUBLIC COMMENT

Rosalyn Koo of Self-Help for the Elderly gave some background information on Self-Help for the Elderly. Kelly Chew, director of Nutrition with Self-Help for the Elderly, provided a PowerPoint presentation with statistics on the aging population in San Mateo.

### OLD BUSINESS

#### 1. **Self-Help for the Elderly**

Paul Council provided an overview of the discussion and the informational presentation made by Self Help for the Elderly at the November 17, 2015 Senior Commission meeting. He asked that Commissioners review/edit/approve the enclosed draft letter to the City Council with the Commission's observations on Self Help for the Elderly's services. Commissioners posed questions and offered comment. Commissioners asked that bullet points highlighting Self-Help's programs be included in the letter. These include nutrition, education, leisure, physical fitness, health screenings, voter registration and State and County programs that have received an excellent rating. They also want to highlight that services are provided to the Asian population in an environment where they feel safe and comfortable. Other highlights include Self-Help working in partnership with other organizations such as the Adult School, and that services from Self-Help are available to all San Mateo County residents. The Commissioners also want to convey that they support Self-Help's presence in the City of San Mateo. Commissioner Ruspil moved, seconded by Commissioner Lew to empower Chair Yeatrakas to work with staff to fine tune the draft letter and include suggested additions and bullet points to send to the City Council. Motion carried 3/0 (**M-Ruspil, S-Lew, carried 3/0**).

### REPORTS AND ANNOUNCEMENTS FROM COMMISSIONERS AND STAFF

None.

**ADJOURNMENT** – Meeting adjourned at 4:40pm.

Agenda is posted at City Hall (330 West 20th Avenue, San Mateo) and background material can be viewed at the City of San Mateo Recreation Department main office, 55 West 3rd Avenue, 3rd Floor, San Mateo (650)522-7400 or on the City's website [www.cityofsanmateo.org](http://www.cityofsanmateo.org)

In compliance with the Americans with Disabilities Act, those with disabilities requiring special accommodations to participate in this meeting may contact the Parks and Recreation Department at (650) 522-7400 x 3 or [parksandrecreation@cityofsanmateo.org](mailto:parksandrecreation@cityofsanmateo.org). Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting.