

COMMISSION MEMBERS

Chair – Pete Yeatrakas
Vice Chair - Melodie Lew
Commissioner – Nancy Ruspil
Commissioner – vacant
Commissioner – vacant



MINUTES

SENIOR COMMISSION REGULAR MEETING

Monday January 12, 2015

4:00 p.m.

Senior Center, Activity Room

2645 Alameda de las Pulgas, San Mateo, California 94403

Meeting called to order at 4:00pm

- Pledge of Allegiance
- Roll Call – Commissioners Present: Lew, Ruspil and Yeatrakas
- Minutes Approval

Commissioner Ruspil moved, seconded by Commissioner Lew to approve the Senior Commission Regular Meeting Minutes of July 14, 2014. Motion carried 3/0. (**M-Ruspil, S-Lew, carried 3/0**).

Commissioner Ruspil moved, seconded by Commissioner Lew to approve the Senior Commission Special Meeting Minutes of November 17, 2014. Motion carried 3/0. (**M-Ruspil, S-Lew, carried 3/0**).

PUBLIC COMMENT

Persons wishing to comment on any item not appearing on the agenda may submit to the Recording Secretary a "Request to Speak" form. State law prevents the Commission from taking action on any matter not on this agenda. Your comments may be referred to staff for further review.

None.

NEW BUSINESS

1. Peninsula Family Service- Villages Exploration

Francine Serafin-Dickson, Project Manager for Peninsula Family Service's Villages of San Mateo County Advisory Committee, provided some background and an informational update on the status of their efforts. Commissioners posed questions and offered comment.

2. Senior Center Without Walls Program

Angela Sakkos gave some background information and highlighted information that was provided to Commissioners in the written staff report regarding the Senior Center Without Walls Program. Commissioners posed questions and offered comment. Commissioner Ruspil moved, seconded by Commissioner Lew that Parks and Recreation provide information about Senior Center Without Walls to patrons, including but not limited to SASH clients/ shoppers, Services Link and Senior Center members, and post information/flyer at the Senior Center and King Center. Motion carried 3/0. (**M-Ruspil, S-Lew, carried 3/0**).

REPORTS AND ANNOUNCEMENTS FROM COMMISSIONERS AND STAFF

- Paul Council reported on the recent Central Park Master Plan workshops that were held in January. He reported that Self-Help for the Elderly patrons were present at the workshops and shared their interests with the consultants.
- Commissioners expressed an interest in communicating to the City Council the Commissions

observations about Self-Help and their services, and noting the attendance of Self-Help patrons at the last Senior Commission meeting. They feel the Self-Help program is valuable to the City of San Mateo.

- Paul reported that there are currently 3 applicants for the open Senior Commission seats.
- Paul will provide an update on the walkability tools available and the potential for a volunteer.
- In March – staff will provide an update on the Baytree Bistro lunch program.
- Paul pointed out the new paint in the Activity Room and talked about the new floor that will be installed soon.
- Melodie reported on the San Mateo County Commission on Aging – Adult Abuse performance on March 1, 201 at the Congregational Church in San Mateo and on March 12, 2015 at the Pacifica Community Center.

ADJOURNMENT at 5:05pm.

In compliance with the Americans with Disabilities Act, those with disabilities requiring special accommodations to participate in this meeting may contact the Parks and Recreation Department at (650) 522-7400 x 3 or parksandrecreation@cityofsanmateo.org. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting.