



San Mateo Parks & Recreation Department
YOUTH DANCE & FITNESS
Spring 2020
(March 16 – June 7)



Classes held at Beresford unless otherwise listed.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Yoga in the Park (2-3 yr. old & parent) 9-9:45am <i>Beresford Park</i> Jessica S.		Parent Tot Dance Time 11:40am-12:20pm Laura M.			Family Yoga in the Park (2-11 yr. old) 9:00-10:00am <i>Beresford Park</i> Jessica S.
Yoga in the Park (4-5 yr. old) 10:00-11:00am <i>Beresford Park</i> Jessica S.		Dance Time for 3 yr. olds 12:30-1:10pm Laura M.			Dance Time for 3 yr. olds 9:15-9:55am Laura M.
		Pre Ballet/ Tap Combo 2:30-3:30pm Sheri A.	Dance Time for 3 yr. olds 2:00-2:40pm Laura M.	Kinder & Creative/ Tap Combo 3:25-4:10pm Laura M.	Kinderdance 10:00-10:45am Laura M.
Pre Ballet/ Tap Combo 2:15-3:15pm Sheri A.		Ballet Intro 3:30-4:30pm Sheri A.	Kinderdance 2:45 to 3:30pm Laura M.	Contemporary I 4:15-5:10pm <i>Assembly Room</i> Laura M.	Tap Intro 10:45-11:30am <i>SMHS</i> Sheri A.
Ballet Intro 3:30-4:30pm Sheri A.	Ballet I 3:30-4:30pm Sheri A.	Mexican Folkloric Level II/III 5:10-6:00pm <i>King Ctr.</i> Martin C.	Yoga for Kids 3:40 – 4:30pm. Laura M.	Festejo - Peruvian Dance 4:50 – 5:35 <i>King Ctr.</i> Mercedes N.	Creative Dance 10:50-11:35am Laura M.
Mexican Folkloric Dance Level I 4:30-5:20pm <i>King Ctr.</i> Brittney S.	Hip Hop Mix 4:15-5:05pm <i>Ages 6-8</i> <i>King Ctr.</i> Irma D.	Mexican Folkloric Level IV 6:10-7:00pm <i>King Ctr.</i> Martin C.	Pre-Jazz 4:40pm–5:30pm Maya S.	Jr. Jazz Ma Tazz 4:15-5:30pm Gina L. & Tina B.	Fun ‘n Funky 11:40-12:30pm Jessica M.
Ballet II/III 4:30-5:30pm Sheri A.	Hip Hop I 5:15-6:15pm <i>Age 8-12</i> <i>King Ctr.</i> Irma D.	Jazz Intro 4:30-5:30pm Tina B	Contemporary II 5:00-6:00pm Laura M.	Jazz Ma Tazz 5 :15-6:30pm Gina L. & Tina B.	Tap I/II 11:40-12:30pm <i>SMHS</i> Sheri A.
Boys Dance 5:30-6 :30pm <i>King Ctr.</i> Kevin S.	Jazz II/III 4:30-5:30pm Kristine C.	Jazz I 5:30-6:30pm Tina B.	Hip Hop II 5:00 – 6:00pm <i>Ages 13 & up</i> <i>King Ctr.</i> Irma D.		Tap III 12:30-1:30pm <i>Age 9-13</i> <i>SMHS</i> Sheri A.
Ballet IV/V 5:30-6:30pm Sheri A.	Jazz IV/V 5:30-6:30pm Kristine C.	Mexican Folkloric Level V 7:00-8:00pm <i>King Ctr.</i> Martin C.			

About Our Program:

The classes offered in the Youth Dance Program are designed to grow with your children. Each year's experience prepares them for the next. Our goal is to provide a dance experience that involves the child's whole being; body, mind and spirit. Dancers are expected to continue in the same class for the school year or three consecutive sessions before advancing to the next level. Because dance is a performance art form, all dancers age 4 and up have the opportunity to perform in the Holiday Festival of Dance and the Spring Dance Show. **We believe that dance is for everyone and that regardless of their level of experience, students will develop a lifelong love of dance if their classes are a fun and rich experience.**

Youth Dance Instructors:

Sheri Alonso
Tina Burke
Kristine Chambers
Martin Cruz
Irma Di Nallo
Gina Lorton
Laura Marsh
Jessica Melton
Mercedes Navarro
Brittney Samora-Delgadillo
Maya Siegel
Jessica Schendel
Kevin Stanford

Dance Classes:

Creative Dance

Dance Time for 3 yr. olds
Kinderdance/ Kinder/Tap Combo
Creative Dance & Creative/Tap Combo
Contemporary I & II

Specialty

Tap Intro & I/II & Tap III
Mexican Folkloric Dance
Peruvian Dance

Ballet

Pre-Ballet/Tap Combo
Ballet Intro
Ballet I, Ballet II/III & Ballet IV/V

Hip-Hop

Fun n' Funky
Hip Hop Dance Mix, I & II

Jazz

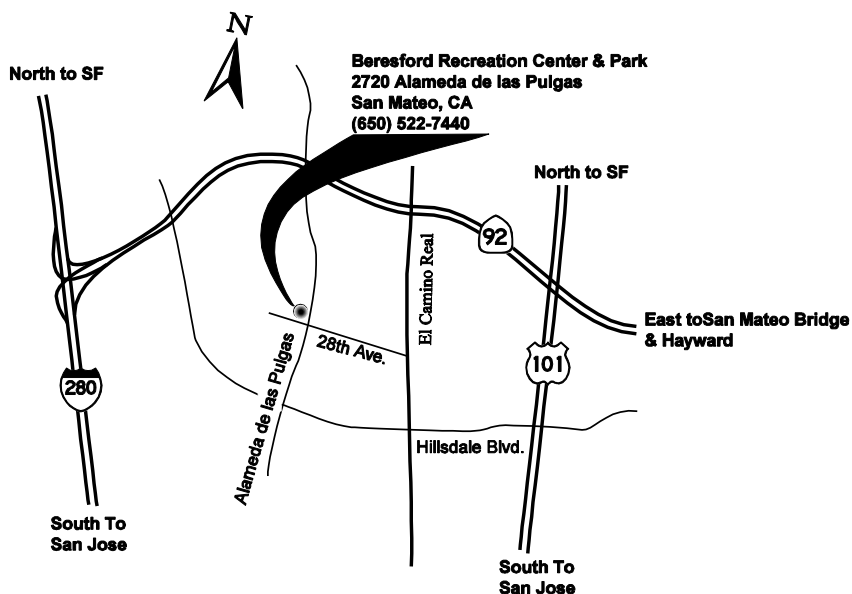
Pre-Jazz, Jazz Intro
Jazz I, Jazz II, Jazz III/IV, Jazz V

Fitness for Kids

Yoga for Kids

Performing Groups:

Jr. Jazz Ma Tazz: entry level troupe
Jazz Ma Tazz: advanced high school troupe



LOCATIONS:

Beresford Recreation Center
2720 Alameda de las Pulgas, San Mateo
650-522-7440

Central Recreation Center
50 E. 5th Ave., San Mateo
650-522-6730 or 650-522-7400

Martin Luther King, Jr. Community Center
725 Monte Diablo, San Mateo
650-522-7470

San Mateo High School (Dance Studio)
506 North Delaware St.
650-522-7560

**For more information, call the San Mateo Parks & Recreation Department
Dance Program at 650-522-7444 or 650-522-7448**

www.cityofsanmateo.org

<https://www.facebook.com/smparksandrec>



**Schedule may change during the first 3 weeks of session. Updated schedules are available on our city website: www.cityofsanmateo.org or check with Front desk staff.*